

# 76TH ANNUAL STATE LEADERSHIP CONFERENCE



MARCH 16-17, 2023  
MONTANA STATE UNIVERSITY  
BOZEMAN, MT



# THANK YOU TO OUR SPONSORS & PARTNERS

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2022 - 2023



## STATE EXECUTIVE COUNCIL

Hello FCCLA Members! Welcome to the 76th Annual State Leadership Conference. Your 2022-2023 State Executive Council has been hard at work over this last year in conjunction with the Board of Directors, Chapters, and Chapter Advisers to make this year successful.

Montana FCCLA has journeyed to help this year be inc**RED**ible throughout the year by participating in District Meetings, the State Outreach Project, and thousands of service hours, and we're not done yet! The leadership shown by this year's members has been amazing, and the State Officers are so proud of Montana FCCLA and its hard-working members!

Congratulations on making it to Bozeman for this powerful conference! Make new friends, learn new things, and most of all have fun! These memories will last a lifetime, so make sure to make the most of it! Best of luck in your competitions, and never stop being inc**RED**ible!

Sincerely,  
Your 2022-2023 State Executive Council

**District 1** - Claire Bucklin, Sunburst - VP of Public Relations (Adviser: Elizabeth Smith)

**District 2** - Carey Hansen, Three Forks - First Vice President (Adviser: Cathe Felz)

**District 3/9** - Ellie Fulbright, Fergus - VP of Finance (Adviser: Megan Vincent)

**District 4** - Mariska Fulton, Forsyth - VP of Programs (Adviser: Kim Knoche)

**District 5** - Abby Begger, Wibaux - President (Adviser: Adele Stenson)

**District 6/7** - James Logan, Powell County - VP of Membership (Adviser: Kacie Perkins)

**District 8** - Elizabeth Wiens, Plentywood - VP of Parliamentary Law (Adviser: Dona Oksa)

**District 10** - Allana Holderman, Reed Point - VP of Competitive Events (Adviser: Sarah Milligan)

**District 11** - Genesis Boyles, Ennis - VP of Development (Adviser: Jamie Diehl)

# CAMPUS MAP



IN THE BACK!

# SCHEDULE OF EVENTS



## THURSDAY, MARCH 16

### 8:00-4:00 PROSTART AND FCCLA CULINARY EVENTS

Hannon Hall - Gallatin College



### 12:00-1:30 CHAPTER REGISTRATION

SUB Foyer - Ballroom A

### 12:00-1:30 COMPETITIVE EVENT MATERIAL DROP-OFF

Event Buildings (Reid 124, Herrick 221 and Jabs 202)

- Locate competitive event rooms.
- One "Event Material" room per competition building will be available to drop off materials.
- At-your-own risk; an adult will be available to monitor but not formally check materials in and out.
- Room will be locked after 4:30.

### 12:30-1:30 INCOMING SEC OFFICER INTERVIEWS

SUB 230

### 1:15-1:40 CONSULTANT ORIENTATIONS

- 1:15-1:45: STAR Room Timers (SUB 233/235)
- 1:15-1:45: Event Assistant (SUB 233/235)
- 1:15-1:45: Capture Crew (SUB 236)
- Skill Demo Event Evaluator Orientation will be with event orientation on Friday.

### 1:45-2:15

### WELCOME GENERAL SESSION

SUB Ballrooms

See page 4 for more information.

### 2:30-3:15

### INCREDIBLE YOU WORKSHOPS

Numerous Options for ALL attendees (see page 6)

- Includes Chapter & District Officer Training

### 3:30-4:50

### SECOND GENERAL SESSION: KEYNOTE

SUB Ballrooms

Keynote: Nick Tokman

### 5:00-6:30



### ADVISER ACTIVITIES

SUB 235/233

- 5:00-5:30 - **Adviser Recognition Dinner** (advisers only)
- 5:30-6:00 - **Chapter Adviser Gathering** (ALL advisers). During this time you will receive the competition schedule for your students.
- 6:00-6:30 - **Event Lead & Assistant Lead Meeting** (All event leads & assistants). During this time we will review event policies and you will receive event facilitation notebooks and supplies.

### 5:00-6:30



### ATTENDEE DINNER

Rendezvous Dining Hall

- Dinner for all attendees and chaperones
- Ticket provided in registration packet and required for entrance.
- Download the Goosechase app, complete some missions, and win incredible prizes!

### 6:45-8:00

### THIRD GENERAL SESSION: RECOGNITION

SUB Ballrooms

General session for all attendees to recognize our amazing leaders, advisers and chapters  
See page 7!

### 8:15-9:00

### DISTRICT MEETINGS

SUB & Herrick Hall (see page 8)

Meet as a district to have fun & conduct district business meetings.



Don't miss Chef Eduardo's workshop in the Procrastinator Theater at 2:30!



1. Download the Goosechase App
2. Participate in challenges
3. Win prizes...



BY CONNECTING, LEARNING & HAVING FUN!

2

PARTICIPATION OPTIONS...

## AS A TEAM



1. **Download the Goosechase App**
2. **Use this code to join the game: 6D4M86**
3. **Create an account**
4. **Each chapter will have their own team**
5. **Check the App frequently for new missions**
6. **Earn points for each mission for a chance to win gift cards for a chapter celebration!**

## INDIVIDUALLY



1. **Attend the IncREDible workshops and College & Career Readiness Fair.**
2. **Tickets will be randomly distributed for leadership, professionalism and engagement.**
3. **Write your name and school on your ticket.**
4. **Drop your tickets in the bag outside SUB A before each general session to be entered into the drawing.**



PRIZES DRAWN/AWARDED DURING GENERAL SESSIONS

# WELCOME GENERAL SESSION

THURSDAY, MARCH 16 @ 1:45 PM

SUB BALLROOMS A, B, C & D

CHAPTER SERVICE  
SHOWCASE



**MONTANA  
STATE UNIVERSITY**

College of  
EDUCATION, HEALTH &  
HUMAN DEVELOPMENT

SPECIAL WELCOME BY  
MSU HDD



PARADE OF DISTRICTS

FLAG CEREMONY



# SECOND GENERAL SESSION

THURSDAY, MARCH 16 @ 3:30 PM

SUB BALLROOMS A, B, C & D

**nick tokman**



**nick tokman**

## BECOME YOUR CAPTAIN: CATCH YOUR FUTURE

Nick Tokman, "Sunshine" on Discovery Channel's *Deadliest Catch*, has been seen on the show for four seasons entertaining more than one million viewers each week. He is recognized for his constant, upbeat attitude, his unwavering focus on achieving his goals, and his determination in the face of adversity. Four years after embarking on his journey, after persevering through a series of setbacks and failures, including hospitalization, running out of money and battling homelessness, Nick landed on the very show that inspired him to venture to Alaska.

Nick's keynote will direct you to focus on what's most important for you in your life so you reach your highest potential. It is about empowering you to overcome your distractions and obstacles that get in the way of owning who you are so you achieve YOUR definition of success.

# CREED

We are the Family, Career and Community Leaders of America. We face the future with warm courage and high hope. For we have the clear consciousness of seeking old and precious values.

For we are the builders of homes, homes for America's future, homes where living will be the expression of everything that is good and fair, homes where truth and love and security and faith will be realities, not dreams. We are the Family, Career and Community Leaders of America. We face the future with warm courage and high hope.



## CEREMONIES



### OPENING CEREMONY

**President:** (Give rap with gavel signaling officers and members to stand) "We are members of Family, Career and Community Leaders of America. Our mission is to promote personal growth and development through Family and Consumer Sciences Education."

**Officers:** "Focusing on the multiple roles of family member, wage earner, and community leader, members develop skills for life through character development, creative and critical thinking, interpersonal communication, practical knowledge and career preparation."

**Members:** "As we work toward the accomplishment of our goals, we learn cooperation, take responsibility, develop leadership and give service."

**President:** "This meeting of the Montana Association of Family, Career, and Community Leaders of America is now in session. You may be seated."

### CLOSING CEREMONY

**President:** (Give rap with gavel signaling officer and members to stand) "FCCLA members, we are challenged to accept the responsibility of making decisions that affect our lives today and the world tomorrow. Let us repeat our creed."

**Members:** "We are the Family, Career and Community Leaders of America. We face the future with warm courage and high hope. For we have the clear consciousness of seeking old and precious values. For we are the builders of homes, homes for America's future, homes where living will be the expression of everything that is good and fair, homes where truth and love and security and faith will be realities, not dreams. We are the Family, Career and Community Leaders of America. We face the future with warm courage and high hope."

**President:** "This meeting of the Montana Association of Family, Career, and Community Leaders of America is now in adjourned." (rap gavel once)

# INCREDIBLE YOU WORKSHOPS

THURSDAY, MARCH 16 2:30-3:15 PM (PICK ONE)

## INCREDIBLE OFFICER TRAINING

HERRICK 314

### Brooklyn Gross, National FCCLA Leadership Team

Are you ready to be an incREDible leader in FCCLA? Current chapter and district officers will develop their communication and teamwork skills while networking with other leaders.

## ARE YOU GAME FOR A CAREER IN FAMILY & CONSUMER SCIENCES?

HERRICK 117

### Gayla Randel, OPI Specialist and MT FCCLA Board Member

Do you know about careers related to the "GAME OF LIFE"? Have you thought about saying "YES to FCS"? Attend this session to learn the rules of picking a great career, especially those which align to making a real difference in your life and the life of others.

## VAPES: NOT A HARMLESS WATER VAPOR

SUB ALUMNI LOUNGE

### Kris Menard, Tobacco Use Prevention Education Specialist

How can teens help their peers choose not to use vapes and provide supportive resources for quitting? Attend this session to find out. Positive peer programs utilized in schools around the country will be shared, but we'll also take time to brainstorm and share ideas about how teens can help teens stay vape free.

## COOKING AS A RECIPE FOR LIFE

SUB PROCRASTINATOR THEATER

### Chef Eduardo Garcia, Owner, Montana Mex + Dream Farm

As a chef I am often asked "What is your favorite dish to cook or to eat?" to this I reply. A dish with a story to tell and using ingredients I have a relationship with. Over my career as a Chef and in my relationship at large with soil, water and nutrient rich and culturally vibrant and healthy foods I've come to a couple conclusions. Please join me in an open minded adventure through my Hungry Life.



## LEADERSHIP & EMPATHY

SUB FIREPLACE ROOM

### Ashlie Wise, Youth Action Board Chair

Learn about factors contributing to homelessness, including stigma, poverty, mental health, and substance abuse. The workshop emphasizes reducing stigma and building empathy through interactive activities and discussions. It stresses the importance of treating everyone with respect, regardless of their situation or experience.

## INCREDIBLE TEAMWORK

HERRICK 313

### Shelby Smith, National FCCLA 1st Vice President

IncREDible things happen with good teamwork. Attend this workshop and sharpen your teamwork skills by engaging with peers, participating in fun activities, and learning about what it means to be a good teammate!



## SUCCESS IS BEST WHEN IT'S SHARED

HERRICK 307

### Mandy Eike, Moore FCS & School Counselor

"When we put our heads together, when we trade, borrow, and acquire ideas from each other, WE ALL WIN!" Our session is all about coming together to exchange ideas about projects, fundraising, promoting your chapter, and more! Be prepared to be an active participant in sharing and receiving ideas that you can take back to help get your own chapter creative and involved.



## MONTANA STUDENTS SPEAK OUT

SUB 233/235

### Michele Henson, MT OPI School Safety Program Manager

We want to hear from you! For the past 12 months, the Office of Public Instruction has been working with students from across the state to better understand how to support student mental health, wellness, and feelings of safety while at school. In this workshop, students will have the opportunity to add their voice to these important conversations and learn what students across the state are saying. We will also discuss the importance of

# THIRD GENERAL SESSION

## MEMBER & PARTNER RECOGNITION

THURSDAY, MARCH 16 @ 6:45 PM

SUB BALLROOMS A, B, C & D

MEMBERSHIP AWARDS  
ULTIMATE LEADER AWARDS  
ADVISER AWARDS  
CULINARY COMPETITION RESULTS

SCHOLARSHIPS  
STAR CHAPTERS  
ADVISER YEARS OF SERVICE

## 2023 ULTIMATE LEADER AWARD

The Ultimate Leader™ is someone who mobilizes others to do great things. They exhibit exemplary leadership by:

- Modeling the way;
- Inspiring a shared vision;
- Challenging the process;
- Enabling other to act; and
- Encouraging the heart.



AUSTIE MAY  
JEFFERSON



JACOB HARVEY  
BEAVERHEAD



CAREY HANSEN  
THREE FORKS



TIANNA CARR  
GALLATIN



EMMA HARRISON  
WIBAUX

They make a difference in their chapter and as a result of their leadership Montana FCCLA and Montana Family and Consumer Sciences has been strengthened.

# 2023

# MONTANA FCCLA LEADERSHIP & SERVICE

## SCHOLARSHIP RECIPIENTS

Personal growth and leadership development are at the forefront of the FCCLA Mission. By completing projects for service learning and participating in competitive events, students develop skills that last a lifetime from creative and critical thinking to practical knowledge and career preparation. A \$300 scholarship is awarded by the MT FCCLA Board of Directors to recognize one or two students who exemplify the purposes of FCCLA.



ELLIE FULBRIGHT  
FERGUS



CAREY HANSEN  
THREE FORKS

THANK YOU TO THE SCHOLARSHIP SPONSOR  
MONTANA AFFILIATE



## District MEETINGS

THURSDAY 8:15 PM -9:00 PM



- District 1 - Reid 104
- District 2 - SUB Alumni Lounge
- District 3/9 - SUB 235
- District 4 - SUB Procrastinator Theater
- District 5 - Reid 101
- District 6/7 - Sub 233
- District 8 - Reid 105
- District 10 - Reid 102
- District 11 - SUB Fireplace Room

# 2023 INCREDIBLE STAR CHAPTERS

CHAPTERS WITH WELL-ROUNDED PROGRAMS OF WORK WITH PROGRAMMING IN EACH OF THE FOLLOWING AREAS: MEMBERSHIP, CHAPTER OPERATIONS, SERVICE LEARNING, STATE AND NATIONAL ACTIVITIES, LEADERSHIP AND PUBLIC RELATIONS.



Our **Conrad FCCLA** chapter has had a great year full of fun events, community service projects, and fundraisers. We did a couple of different fundraisers which include, Easter eggs (we filled and delivered easter eggs for kids to their houses), Turkey Trot (a fundraiser for the food pantry), and making pies. We also had fun doing some community service projects such as helping set up and serve dinner for people at a couple of different events. Then we also had to clean up after the event was over. We even got really good meals out of it. We have strived to make our FCCLA chapter become a family through interactive games at our meetings. We also held a Christmas party to help make the chapter closer. We held a meeting about learning the creed and had members memorize the creed to win certain toppings on their ice cream sundae. Overall, Conrad FCCLA has had an amazing year and we are looking forward to what this new year hold.

Throughout the past year **Three Forks FCCLA** has worked on several projects including our 18th annual Sub for Santa project which provided Christmas gifts and a Holiday food box for three families in need in the Three Forks Community. Our chapter also received funds from Montana FCCLA, Youth Service of America, and the Montana Department of Transportation for our traffic safety project and "Drive Like a Ninja" and for our Student Body project "Share the Love." A gardening project "Grow A Row" provided over 100 pounds of pumpkins, squash and cucumbers to the Headwaters Food Pantry. FCCLA members built floats for the rodeo parade in July and the homecoming parade in October. Five members represented Montana at NLC in San Diego this past summer. Three Forks received recognition for the Fifth Grade Finance National Program conducted by Carey Hansen. Culinary students prepared a buffet of hors d'oeuvres for members of the classified staff in May to thank them for their support of our school and all they do throughout the year.



**Wibaux** kicked off the FCCLA year at NLC in San Diego, with 12 members attending. When school started, so did their membership campaign which included an ice cream social and games with the incoming seventh graders. Fall activities included lots of fundraising, including a fun and profitable rummage sale, and planning the District Leadership Kickoff. The chapter worked with other school and community organizations to organize a Fall Festival in October and the Community Christmas Trees in December. Chapter members assisted with the 4-H Cloverbud afterschool program for 5 weeks, leading activities and games.. The chapter also worked with Spanish Club and FFA to host 3 food drive events, and hosted a community work day to make pillowcases for area children in foster care. The year has also been fun - tie dying chapter t-shirts, recognizing Members of the Month, movie nights with FFA, and a prize auction based on points earned throughout the year.



# 2023 INCREDIBLE STAR CHAPTERS



PLENTYWOOD

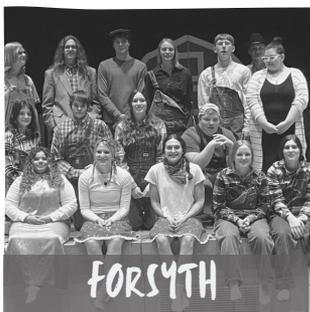
The **Plentywood FCCLA** chapter did a whole lot of service to help make our community stronger this year. We recruited new members with a bowling night to kick start the year. We raised money for treatment travel expenses at our Pink Out night in October for local residents who are fighting cancer. Our efforts raised \$3,700 in one night! We helped our District 8 president, Lizzi Wiens, prepare for the Fall Leadership Rally where we learned IncREDible things about mental health. In December we held a bake sale where we raised money for Wildcat Wishes which buys Christmas gifts for families struggling financially in our school. We had a great time at "Game Night" at the Pioneer Manor in Plentywood where some of our Senior Citizens live. We chose this age group for our State Outreach Project as the winter months can be depressing for those who can't get out due to the weather. We are hosting the Arrive Alive tour on distracted driving for our student body on February 22, 2023. We have law enforcement coming in to talk on distracted driving prior to the simulator. We've had an incredible year serving others and learning with our student body about safety.

**Beaverhead FCCLA** was able to finish out the 2021-2022 school year on a high note. Members hosted a school wide Easter Egg Hunt in April 2022 to celebrate all of the students at BCHS. Students also participated in some local community service projects. Beaverhead FCCLA started off the 2022/2023 school year with a bang! We had a great recruiting year and increased our membership from 52 to 72! Members helped raised funds by selling hot coco at football games and selling Martinson's Candy. All money earned from four fundraisers went back to purchase Christmas gifts for our local Giving Tree and putting together seven Thanksgiving Food baskets for BCHS Families. Beaverhead FCCLA also sponsored Montana Crunch Time and bought all of the apples for the BCHS students to take part in the annual event. Beaverhead FCCLA attended our District 11 meeting in Butte with 52 members in attendance. Jacob Harvey our chapter president ran for District 11 President and won!!! Beaverhead FCCLA was able to obtain two grants through MDT and put on our annual Vision Zero Week. Students helped organize committees and create events for the entire week. Students helped with the Arrive Alive Simulator and games, seatbelt checks, prize giveaways, reading statistics and pledging to not drive distracted.



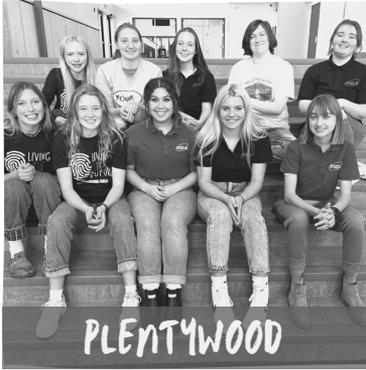
BEAVERHEAD

The **Forsyth** chapter started with an officer retreat to create a program of work. Members worked their way from Potential Leader, Leader in Training, Leader to Watch to Ultimate Leader. The need for chapter funds through a monthly Bake sale, Crunchy Munchy, Bag Sales and Hee Haw! Chapter projects included: member recruitment, Competitive Events, Skill Events, chapter office, running for District office. Points were earned working the Crunchy Munchy, participation in service events, committee work and various fundraisers. Service entailed maintaining a weekend meals backpack program, celebrating a Fright Night Halloween & Locker Lovers. They wrote a grant for the Martin Luther King Day of Service and made 150 book bags for patron at the county library, focusing on mental health of their entire community. Articles and events were posted on social media and in the local paper. These chapter members were bravely stepping into an IncREDible year.



FORSYTH

# 2023 INCREDIBLE STAR CHAPTERS



**Stevensville FCCLA** has been busy promoting FCCLA and its purpose to the community and School District. The school year started with a meeting to discuss the goals for the 22-23 school year. Students gave many wonderful ideas about community service and how to publicize FCCLA. Activities during the year have included teaming up with SHS Student Council to do a food drive fundraiser and supply the local pantry partners with the donations. A tie Blanket Service project was planned to give blankets to the local Stevensville Police department. Students were able to travel to Deer Lodge in November for the District 6/7 fall meeting and network with other schools in the area. During FCCLA Week in February students decided they wanted to treat their amazing teachers to a taco luncheon made by them. Stevensville FCCLA has caring and thoughtful students who want to make a difference in their community.

**Fergus FCCLA** hit the ground running before school started with an officer retreat. Led by our enthusiastic chapter officer team, the goal for the year was member recruitment, consistent engagement and FUN. Fergus FCCLA exceeded our membership recruitment goal in the early fall. We held consistent meetings and ensured the chapter gathered for service and fun monthly including a Christmas baking party to raise funds to pay off school lunch debts. Fergus FCCLA enjoyed helping to plan and attend the first joint District 1 & 3/9 Fall Leadership Kickoff in Great Falls - the energy was contagious! Baking became our signature fundraiser, and FCCLA Week included a school wide carnival. Travel was a big part of the year with Ms. Vincent and State Officer Ellie Fulbright embracing all leadership opportunities including the National Fall Conference and the Montana ACTE Rotunda Legislative Event. It has been an IncREDible year!



MORE STAR  
CHAPTERS FOUND  
ON PAGE 28!



MT FCCLA IS PROUD  
OF THE WORK ALL  
MONTANA FCCLA  
CHAPTERS HAVE  
COMPLETED IN  
2022-2023!

# SCHEDULE OF EVENTS



## FRIDAY, MARCH 17

### 6:30-7:15 BREAKFAST AT HOTELS

### 7:15-7:45 TRAVEL TO CAMPUS

- Busses must park in the South Fieldhouse lot.
- Cars will park in the top floor of the Parking Garage.

### 8:00-8:30 EVENT LEAD & ASSISTANT COMPETITION SET-UP

**Individual Competition Rooms** (see page 16)

- Set up competition rooms and post schedules outside doors.

### 8:00-2:00 COMPETITIVE EVENT MATERIAL STORAGE

**Jabs 202, Herrick 221, Reid 124**

- One "Event Material" room per competition building will be available to store materials.
- At-your-own risk; an adult will be available to monitor but not formally check materials in and out.
- Rooms will close at 2:00; event materials should be returned to bus. Limited storage will also be available in the SUB.

### 8:30-9:00 EVALUATOR ORIENTATION

**Individual Competition Rooms** (see page 16)

- Event leads conduct orientation with evaluators.

### 8:30-9:15 INCREDIBLE YOU WORKSHOPS

**9:30-10:15 Rooms in the SUB:** See details on pages 13-15

**10:30-11:15**

### 9:00-2:00 STAR & SKILL DEMONSTRATION EVENT COMPETITION

**Individual Competition Rooms** (see page 16)

- Competitors receive competition times from their advisers.

### 9:00-4:30 INCOMING OFFICER TRAINING

**SUB 168**

- Required for all Incoming Officers; they do not compete in a competitive event.
- Installation practice begins at 3:00pm.

### 9:30-11:30 LEADERSHIP SEMINAR: LEADERSHIP IN ACTION

**SUB B**

- Led by Keynote Speaker: Nick Tokman
- Pre-registration required.

### 11:45-2:00 LUNCH



**Rendezvous Dining Hall**

- Lunch for all attendees, event evaluators, adviser and chaperones in the dining hall.
- May eat anytime between 11:45-2:00.
- Ticket provided in registration and required for entrance.



**Goosechase challenges released throughout the day!**



**Attend workshops for the chance to earn tickets for the prize drawings!**



# INCREDIBLE YOU WORKSHOPS

FRIDAY, MARCH 17 - ALL WORKSHOPS ARE IN THE SUB

8:30 - 9:15

## READY, SET, SERVE!

SUB 235

### BROOKLYNN GROSS, FCCLA LEADERSHIP TRAINING TEAM

Service projects are a great way for your chapter to engage with the community and help others. You will work with other members to brainstorm and plan ideas for chapter service projects. By the end of the workshop, you'll be ready to implement a service project and make a difference in your school or community.



## LEADERSHIP & EMPATHY

SUB C

### ASHLIE WISE YOUTH ACTION BOARD CHAIR

Learn about factors contributing to homelessness, including stigma, poverty, mental health, and substance abuse. The workshop emphasizes reducing stigma and building empathy through interactive activities and discussions. It stresses the importance of treating everyone with respect, regardless of their situation or experience

9:30 - 10:15

## HOW TO BECOME AN ENTREPRENEUR

SUB C

### JIM MASKER, EMPOWERED EDUCATOR SUPPORT TEAM

Ever thought about being an entrepreneur and starting your own business? In this workshop you will unleash your entrepreneurial spirit by designing a piece of clothing apparel and learning the ins-and-outs of hiring the right employees to make your business a success. Montana is ranked #1 nationally for new startups, so why not launch your business here in Big Sky Country and become a successful member of our state's thriving economy?

## INCREDIBLE FUNDRAISING

SUB D

### SHELBY SMITH, NATIONAL FCCLA 1ST VICE PRESIDENT

Trying to make your FCCLA experience incREDible? Fundraising is an important part of making the most out of your years in FCCLA. In this workshop, you will learn about fundraising ideas, tips, safety, and more! Get ready to participate in fun games and learn about incREDible fundraising!



Learn more about our visiting National Officer  
by heading to [www.fcclainc.org](http://www.fcclainc.org)



# INCREDIBLE YOU WORKSHOPS

FRIDAY, MARCH 17 - ALL WORKSHOPS ARE IN THE SUB

## LEADERSHIP SEMINAR

9:30 - 11:15, SUB B

\*Pre-registration required.

### TOP TIPS FOR SUCCESS: PURSUING YOUR GOALS & PASSIONS

Increase your chances of succeeding by 76.7% with Nick's workshop by learning how to:

- Discover your passion
- Overcome the four thieves that rob you from your goals
- Get in your optimal energetic state

AND

- Get better sleep?! (Yes, you heard right!)



10:30-11:15

## RECRUIT, RETAIN, AND RECOGNIZE

SUB 235

### BROOKLYNN GROSS, FCCLA LEADERSHIP TRAINING TEAM

Are you ready to grow your FCCLA chapter? Attendees will develop a membership recruitment plan and learn about the membership resources FCCLA offers.



## FAILURE ISN'T FINAL

SUB D

### 2022-23 STATE EXECUTIVE COUNCIL

In this workshop, the Montana FCCLA State Officers will show members that great things can come from failures. Everyone fails in their life, it's human nature. Join the SEC in exploring the idea that you can fail forward with the Failure isn't Final workshop. The officers will share their own failure experiences and hopefully inspire students to not be afraid of making mistakes.

## HOW TO BECOME AN ENTREPRENEUR

SUB C

### JIM MASKER, EMPOWERED EDUCATOR SUPPORT TEAM

Ever thought about being an entrepreneur and starting your own business? In this workshop you will unleash your entrepreneurial spirit by designing a piece of clothing apparel and learning the ins-and-outs of hiring the right employees to make your business a success. Montana is ranked #1 nationally for new startups, so why not launch your business here in Big Sky Country and become a successful member of our state's thriving economy?



# INCREDIBLE YOU WORKSHOPS

FRIDAY, MARCH 17 - ALL WORKSHOPS ARE IN THE SUB  
11:30-12:15

## 7 REASONS WHY TWO-YEAR COLLEGE COULD BE THE RIGHT CHOICE FOR YOU!

SUB C

 ANNA REARDON, DIRECTOR OF PROGRAM DEVELOPMENT & COMMUNITY ENGAGEMENT AND  
LISA BROWN, SMALL BUSINESS ADMINISTRATION PROGRAM DIRECTOR

Are you curious what two-year college is all about? Is it the right fit for you? What kind of classes and jobs are available to students? Join us to discover the many exciting opportunities available at two-year colleges like Gallatin College MSU. You'll also have the chance to further explore Gallatin College Small Business, Culinary Arts, Interior Design, and Healthcare programs, all of which are extremely important in the state of Montana.

## CREATE YOUR RIPPLE: THE MANY PATHS TO SUCCESS, WELLNESS, AND RESILIENCE

SUB 233

 ZARIAH TOLMAN, POSITIVITY OUTWARD FOUNDER  
RUBY GAWARKIEWICZ, POSITIVITY OUTWARD PRESIDENT

Your path to finding and following your passions is unique to you. Tools like reflection, goals, and emotion regulation skills are essential, but no one should navigate their path alone. That's why we founded PO, so students like you have mentors to support your success and wellness goals. We'll teach the tools that form the PO foundation. Ruby, Zariah, and a few of the 55 college-aged mentors from the Positivity Outward Mentoring App will share their unique paths to success in a Q&A Panel.

## DO THE NEXT RIGHT THING

SUB D

 SHERIDAN JOHNSON, GOVERNMENT RELATIONS SPECIALIST,  
MONTANA CHAMBER OF COMMERCE

Making life decisions are really overwhelming - next semester's classes, heading to college, what career to choose, what time to spend in what clubs, taking a job, and more. While this workshop won't make those decisions for you, join Sheridan to hear about some of her big decisions and learn some tactics on how to face some of yours head-on.

## MY PLAN, MY CAREER, MY FUTURE

SUB 235

 MARY ELLEN EARNHARDT CAREER LAB MANAGER

One of the best ways to explore careers is to understand more about yourself. Answer questions to discover your interests, values, likes and dislikes. Use the Montana Career Information System (MCIS) to discover a career you will enjoy! Learn about training and school options and find scholarships. scholarships, search for school. Create a professional resume and cover letter to help with your job search.

# COMPETITIVE EVENTS



THURSDAY, MARCH 16: 8:30-3:00

## PROSTART & FCCLA CULINARY STAR & SKILL DEMONSTRATION EVENTS

- ProStart Culinary**
- ProStart Management**
- FCCLA: Baking & Pastry**
- FCCLA: Culinary Arts**
- FCCLA: Culinary Food Art**
- FCCLA: Culinary Knife Skills**
- FCCLA: Pastry Arts Technical Decorating Skills**



All events held in Hannon Hall @ Gallatin College

FRIDAY, MARCH 17: 8:30-2:00



## SKILL DEMONSTRATION EVENTS



- Knowledge Challenge** - Herrick 307 & 308
- FCCLA Creed Speaking** - Herrick 307 & 308
- Fashion Sketch** - Herrick 307 & 308

- Impromptu Speaking** - Herrick 307 & 308
- Interviewing Skills** - Herrick 307 & 308
- Toys that Teach** - Herrick 307 & 308
- Technology in Teaching** - Herrick 307 & 308

## STAR EVENTS

- Career Investigation** - Jabs 311
- Chapter in Review Display** - Reid 126
- Chapter in Review Portfolio** - Reid 126
- Chapter Service Project Display** - Reid 401
- Chapter Service Project Portfolio** - Reid 401
- Early Childhood Education** - Jabs 315
- Entrepreneurship** - Jabs 103
- Event Management** - Herrick 314
- Fashion Construction** - Herrick 117
- Fashion Design** - Herrick 117
- Focus on Children** - Jabs 315
- Food Innovations** - Jabs 415
- Hospitality, Tourism and Recreation** - Jabs 103

- Interior Design** - Herrick 117
- Interpersonal Communications** - Jabs 407
- Job Interview** - Reid 333
- Leadership** - Reid 201
- National Programs in Action** - Reid 201
- Nutrition and Wellness** - Herrick 313
- Parliamentary Procedure** - Jabs 305
- Professional Presentation** - Jabs 407
- Promote and Publicize FCCLA** - Herrick 307
- Repurpose and Redesign** - Jabs 111
- Sports Nutrition** - Herrick 313
- Sustainability Challenge** - Jabs 407
- Teach and Train** - Jabs 307

Competitive Event Headquarters: SUB 236

# SCHEDULE OF EVENTS

FRIDAY, MARCH 17

1:00-2:45

## FCCLA 101 LEADERSHIP WORKSHOP

### Jabs 111

- Led by LTT Brooklyn Gross
- Pre-registration required

1:00-1:45

## INCREDIBLE YOU WORKSHOPS

2:00-2:45

### Various Rooms in the SUB (see pages 18-19)

- Engaging, hands-on workshops about leadership development. - open to anyone!
- See details on pages 18-20

2:00-4:45

## YOUR INCREDIBLE FUTURE: COLLEGE & CAREER READINESS FAIR

### SUB Leigh Lounge (see pages 20-21)

Stop by to engage with exhibitors to learn more about opportunities available to make your future incREDible

3:00-4:45

## INCREDIBLE YOU WELLNESS

Participate in numerous activities to enhance your wellness as you Connect | Serve | and Relax!

### THE WELLNESS ROOM

#### SUB 233/235 (see page 22)

- Learn about and practice ways to improve your wellness! This self-directed option includes mini massages, relaxation coloring, therapy animals, yoga, and balloon animal lessons

### THE SERVICE ROOM

#### SUB Alumni Lounge (see page 22)

- Participate in service activities to enhance your well-being while making a difference for Montana communities. Projects includes assembly of supply kits for families experiencing homelessness with **Family Promise**, kits for youth with **Youth Dynamics** and Notes of encouragement. Service projects sponsored by **Youth Service America**.

### THE CONNECTION ROOM

#### SUB Recreation Center (see page 22)

- Connect with your FCCLA Family while playing games!

4:45-6:00

## DINNER



### Rendezvous Dining Hall

- Dinner for all attendees; may eat anytime between 4:45-6:00
- Ticket provided in registration and required for entrance.

6:15-8:15

## CLOSING GENERAL SESSION

### SUB Ballrooms A/B/C/D

- Montana FCCLA Annual Business Meeting
- Chapter Service Awards
- Incoming Officer Installation
- Skill Demonstration, and STAR Event Competition Awards
- 8:15: Advisers only: pick up Competitive event results and medals



Attend workshops & the CCR Fair for the chance to earn tickets for the prize drawings!



Goosechase challenges released throughout the day!



# INCREDIBLE YOU WORKSHOPS

FRIDAY, MARCH 17

1:00-1:45

## THE BAIT: Q&A SESSION WITH NICK "SUNSHINE" TOKMAN

SUB B & C

### Nick "Sunshine" Tokman

Did you enjoy the keynote? Are you a fan of Deadliest Catch? Were you ever curious what it was like to be out crab fishing out on the Bering Sea? Here's your chance to ask Nick questions related to the presentation, his experiences up in Alaska and on the show!



## LET'S GET COOKING

SUB D

### James Vallie, CEO First Nation Foods

In partnership with MT No Kid Hungry, the MT Partnership to End Childhood Hunger and First Nations Foods, learn about Indigenous foods in MT. You will watch a cooking demo on how to make a healthy fruit leather snack in your classroom. There will be opportunities to taste samples as well! Attendees will leave with knowledge of some MT Indigenous ingredients and learning to make a healthy snack that provide nourishment for students while they learn.

## TAKE TWO: IS TWO-YEAR COLLEGE YOUR SCENE?

SUB FIREPLACE ROOM

### Sherry Lynn Dow, Admission Representative, Great Falls College

This workshop focuses on the options and opportunities available to students who may be interested in attending a two-year college for some or all of their post-secondary schooling. Topics include college costs, coursework and career options, and connections among Montana schools.

## ZWILLING: OVER 290 YEARS OF QUALITY KNIFE MAKING

SUB ALUMNI LOUNGE

### Dan Rothstadt, Chef/Culinary School Specialist

In this workshop we will see how knives are made. We will go through the step by step process of how we make our classic German cutlery. Then we will take a look at how we make our Japanese knives in our Miyabi factory in Seki, Japan. We will also discuss types of knives, how to choose what knife is best for you and at the end have a chance to try many of the knives shown in the presentation.



## REAL COLORS

SUB 235

### Mary Ellen Earnhardt, Career Lab Manager

Using the Real Colors Assessment, you will assess your strengths and others and learn how to build rapport with clients, peers, and students. Through learning to recognize the learning styles of others and the ability to modify your communication style to connect with others. You will gain some helpful understanding of positive leadership skills, and help your clients and students learn these skills as well. Be prepared to have fun.

## INCREDIBLE FUNDRAISING

SUB 233

### Shelby Smith, National FCCLA 1st Vice President

Trying to make your FCCLA experience incREDible? Fundraising is an important part of making the most out of your years in FCCLA. In this workshop, you will learn about fundraising ideas, tips, safety, and more! Get ready to participate in fun games and learn about incREDible fundraising!



# INCREDIBLE YOU WORKSHOPS

FRIDAY, MARCH 17

## LEADERSHIP SEMINAR

1:00-2:45, JABS 111

**\*Pre-registration required.**

FCCLA 101

Welcome to FCCLA! Get ready for some hands-on activities to learn about FCCLA basics like National Programs and FCS Career Pathways. Attendees will also discover creative ways to get involved in FCCLA.



2:00-2:45

## COMMUNICATION SKILLS FOR DIFFICULT CONVERSATIONS

SUB B & C

### **Nick "Sunshine" Tokman**

There are times when we have to have difficult conversations with those around us: our peers, classmates, teammates and family. Whether there's a difference in opinion, a conflict, keynote speaker Nick "Sunshine" Tokman's workshop offers tips and strategies to make these conversations turn out more favorably for all parties involved.



## LOCAL FOOD YOUTH LEADERSHIP

SUB 233

### **Brianna Routh, Montana State University Extension**

We will explore different parts of the local food system to see how you can make a difference now or in the future as the next generation of food leaders

## WHAT I WISH I KNEW BEFORE I WENT TO COLLEGE: RELATIONSHIPS 101

SUB D

### **Madi Herman, Prevention Education Specialist**

In this workshop, we'll break down modern relationship myths, learn how to recognize red flags for abuse, and build a new skill set for having better relationships! Join the MSU VOICE Center for an interactive presentation that can help you and those you care about build better connections for a lifetime.

## VAPES: NOT A HARMLESS WATER VAPOR

SUB ALUMNI LOUNGE

### **Kris Menard, Tobacco Use Prevention Education Specialist**

This presentation will include parts of a presentation given to thousands of Montana MS and HS students about the harm of vaping. It will include an additional focus on ways that teens can help their peers choose not to use vapes and provide supportive resources for quitting. Positive peer programs utilized in schools around the country will be shared, but we'll also take time to brainstorm and share ideas from participating students about how teens can help teens stay vape free.

## LETTUCE PICK UP THE BEET!

SUB FIREPLACE ROOM

### **Aubree Roth, Farm 2 School Co-director & Coordinator**

Love food? Experience how you can be a farm to school leader at your school! Farm to school is a movement that includes programs such as: school gardens, serving local food in school meals, or nutrition, food, or agriculture-based education. This workshop will include examples of how youth are leading the way for a tasty, healthy, future through farm to school projects, opportunities to make a plan for projects, and of course enjoy local food!

# COLLEGE & CAREER READINESS FAIR

FRIDAY, MARCH 17 - LEIGH LOUNGE

2:00-4:45

## REACH HIGHER MONTANA

As outreach advisors for Reach Higher Montana our jobs are to travel the state of Montana to promote post secondary planning. We serve all ages of students, schools, post secondary institutes, community services and businesses. We promote financial aid, scholarships, career exploration, post secondary training and education, apprenticeships and support foster care and homeless youth. Our goal is to help students make a plan for life after high school and help them develop the steps to achieve their goals.



## GREAT FALLS COLLEGE MSU

As a go-to higher education hub in northcentral Montana, Great Falls College MSU works with students where they're at, providing degrees, job training and student experiences to accommodate varying life circumstances and goals. With 8- or 16-week courses and online, HyFlex or in-person classes, learning at Great Falls College MSU is flexible and works with a variety of personal schedules. Students can earn Certificates and/or Associate Degrees in a variety of programs, including those focusing on healthcare, technology or the trades. We also offer transfer programs for students looking to pursue a Bachelor's Degree at another university.



## ZWILLING

Zwilling JA Henckels has been making premium German cutlery since 1731. We are proud to partner with FCCLA to provide quality tools to culinary education students nationwide.



## MSU EXTENSION

If you live in Montana, we live near you. Montana has 94 MSU Extension agents and 26 subject matter experts serving local needs in 56 counties and 7 reservations with one mission: to improve the lives of Montana citizens by providing unbiased, research-based education and information that integrates learning, discovery and engagement to strengthen the social, economic and environmental well-being of individuals, families and communities.



## THE CULINARY INSTITUTE OF MONTANA AT FVCC

The Culinary Institute of Montana at FVCC in Kalispell, MT offers 2 year AAS degrees in Culinary Arts and Catering. This unique business oriented hands-on learning environment is lead by esteemed chefs in real life experiences. Our graduates are prepared for a wide variety of career opportunities in numerous field in the Hospitality industry due to the technical and business aspects of our curriculum.



## DEPARTMENT OF LABOR JOB SERVICES AND CAREER LAB

We represent the job service, Career lab (Career resources for Schools and adults). Apprenticeship program provides assistance with apprenticeship programs. Job Services. Offers a wide range of services for both job seekers and business owners.



# COLLEGE & CAREER READINESS FAIR--CONT.

FRIDAY, MARCH 17 - LEIGH LOUNGE

2:00-4:45

## MONTANA NO KID HUNGRY



MONTANA

- We provide privately funded grants, technical assistance, and other resources for programming that work toward sustainable access to, and affordability of, nutrient-rich foods, promoting nutrition security. Our nutrition security work supports community-led (including youth-led) efforts to incorporate nutrient-rich, culturally appropriate, and local foods in various institutional settings including schools, community food access organizations, and healthcare.



## GALLATIN COLLEGE MSU

- Gallatin College MSU, in Bozeman, Montana, offers programs that accelerate your time to graduation and the start of a successful career. Our general education programs offer a supportive transition into college while workforce programs provide you with valuable skills necessary for high-wage jobs in thriving industries such as culinary arts, advanced technology, business, construction trades, healthcare, manufacturing, and more. Along with small class sizes, expert instruction, and extensive student resources, we help you discover your unique talents and passions on your journey to fulfilling your potential! View our list of 20+ programs at [gallatin.montana.edu](http://gallatin.montana.edu) and discover your pathway to success!

## SUCCESS N FUNDRAISING

- We at Success N Fundraising, llc provide fundraising opportunities from the very popular Butter Braid Pastries, to Cookie Dough, and even local Montana Made products. We have many ways to help your fundraising experience go smoothly. Try out our personal customer care on your next fundraiser and find out why we call it "Fundraising Made Simple."



## MONTANA TEAM NUTRITION PROGRAM

- Love food? Experience how you can be a farm to school leader at your school! Farm to school is a movement that includes programs such as: school gardens, serving local food in school meals, or nutrition, food, or agriculture-based education. This workshop will include examples of how youth are stepping up and leading the way for a tasty, healthy, future through farm to school projects, opportunities to make a plan for project, and of course enjoy local food!



## MONTANA PROSTART

- Montana's 2nd largest industry is hospitality, and ProStart can train you for success in the field! Stop by to learn more about what ProStart programs offer and how to get one started in your school!



## SAY YES TO FCS

- Have you ever considered a career in FCS? What about a career in an FCS related field? Do you even know what an FCS related field is? Stop by and learn about all the possibilities FCS can offer your future self.



# INCREDIBLE YOU: WELLNESS

FRIDAY, MARCH 17

3:00-4:45

## THE WELLNESS ROOM

SUB 233/235

Ever feel a little overwhelmed? It happens. Drop in to learn some strategies to increase your wellness and enjoy your day!



### BEYOND BEND YOGA

Meet Kristyn, of Bend Beyond, who will show you some moves to help you relieve the tension that comes with life.



### BALLOON ANIMALS

Come meet the 22-23 SEC and learn how to twist a balloon into your very own version of Bernardo!



### INTERMOUNTAIN THERAPY

Skye, Abby and Lamar, four-legged, furry friends from Intermountain Therapy Animals, will be on-site to provide stress relief via a friendly tail wag. Come visit Nancy to learn more about the great service that therapy animals provide.



### CHAIR MESSAGES

Meet T and Avrielle, students at Massage Training Institute Montana. For \$1 a minute, they will help you release the tension of the day with a chair massage. Attendees are responsible for the cost of their own massages.

## THE SERVICE ROOM

### ALUMNI LOUNGE

Participate in service activities to enhance your well-being while making a difference for Montana communities. Projects include assembly of supply kits for families experiencing homelessness with **Family Promise**, kits for youth with **Youth Dynamics** and notes of encouragement. Service projects sponsored by **Youth Service America**.



## THE CONNECTION ROOM

SUB REC CENTER

Challenge your fellow members to some games that don't require an internet connection! Drop by and try out some bowling, pool or other games!

# CLOSING GENERAL SESSION

FRIDAY, MARCH 17 6:15 PM

**SUB BALLrooms A, B, C & D**

Business Meeting  
Service Awards  
STAR and Skill Event Awards

Officer Installation  
Event Results Pick Up



## CONGRATULATIONS 2023-2024 STATE EXECUTIVE COUNCIL!

**District 1** – Brylee Stordahl, Conrad (Adviser: Stacey Aaberg)

**District 2** – Alexus Phelps, Belgrade (Adviser: Melanie Young)

**District 3/9** – Lauren Plagenz, Fergus (Adviser: Megan Vincent)

**District 4** – Annika Sorenson, Forsyth (Adviser: Kim Knoche)

**District 5** – Emma Harrison, Wibaux (Adviser: Adele Stenson)

**District 6/7** – Madeline Schrecengost, Powell County (Adviser: Kacie Perkins)

**District 8** – Zoey Ator, Medicine Lake (Adviser: Megan Hoffman)

**District 10** – Jill Baumgardner, Harlowton (Adviser: Sandy Woldstad)

**District 11** – Jacob Harvey, Beaverhead County (Adviser: Kim Konen)

## THE FCCLA & PROSTART TEAM



**Tracey Newman**

FCCLA & Prostart Director



**Hayley Somerfeld**

FCCLA Events



**Gayla Randel**

OPI FCS Specialist



**Jordan Collins**

Prostart Coordinator



**Shae Bruursema**

FCCLA State Officers



**Nicole Wanago**

MSU FCS Teacher Edu.

# ANNUAL BUSINESS MEETING AGENDA



FRIDAY, MARCH 17, 2023

STUDENT UNION BUILDING, MONTANA STATE UNIVERSITY

BOZEMAN, MONTANA

6:15-6:35

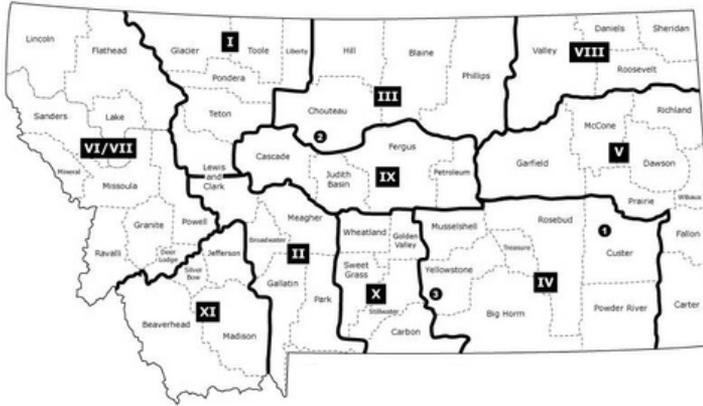
- I. Call to Order and Welcome..... Lindy Hockenbary, President
- II. Roll Call for Quorum..... Kellie Morton, Secretary
- III. Reports
  - A. Financial..... Kim Konen, Treasurer
  - B. State Executive Council..... Abby Begger, SEC President
- IV. Election of Officers..... Jackie Rumph, Vice President
  - A. 3 Year Term Director Candidates:
- V. Update on Organizational Activities..... Lindy Hockenbary, President
  - A. Activities
  - B. Accomplishments
  - C. Challenges
- VI. Announcements.....Lindy Hockenbary , President
- VII. Adjournment..... Lindy Hockenbary, President

## SPECIAL THANKS TO THE MONTANA FCCLA BOARD OF DIRECTORS

Lindy Hockenbary, President  
Kellie Morton, Secretary  
Adele Stenson  
Abbie Begger  
Nicole Wanago

Jackie Rumph, Vice-President  
Kim Konen, Treasurer  
Sandy Wohlstad  
Ellie Fulbright  
Gayla Randel

# MT FCCLA AFFILIATED CHAPTERS



★ Reactivated chapter  
 New chapter

## DISTRICT 1

Browning: Dr. Lester Johnson III  
 Conrad: Stacy Aaberg  
 Cut Bank: Rachel Brown  
 Dutton Brady: Keely McDonald  
 Power: Lauren Vick  
 Sunburst: Elizabeth Smith

## DISTRICT 2

Belgrade: Melanie Young  
 Bozeman: Joanna Krogstad  
 Broadwater: Carley Ries  
 Capital High: Kristin Basinger  
 Gallatin: Bethany Ringer  
 Park High: Brittney Hampson  
 Manhattan: Amanda Swenson  
 Three Forks: Cathe Felz

## DISTRICT 3/9

CM Russell: Danielle Stark  
 Fergus: Megan Vincent  
 ★ Harve: Marit Ita  
 Moore: Mandy Eike  
 North Star: Jessica Myers  
 Rocky Boy: Deanna Rodriguez

## DISTRICT 4

Billings Senior: Emily Millard  
 Billings Skyview: Lindsay Hubbert  
 & Lindi Kurschner  
 Colstrip: Deanna Patton  
 Forsyth: Kim Knoche  
 Huntley Project: Katie Stott  
 Lockwood: Ashley Koss  
 Shepherd: Jessica Haynie

## DISTRICT 5

Baker: Pamela Beach  
 Carter County: Amy Walker  
 ★ Dawson County: Renique Burke  
 Fairview: Angie Hopes  
 Garfield County: Barb Clark  
 Plevna: Stephanie Robertus  
 Sidney: Cheyenne Ryan  
 Wibaux: Adele Stenson

## DISTRICT 6/7

Arlee: Leslie Jackson  
 Columbia Falls: Lindsey Racioppi  
 Flathead: Karen Strong  
 Powell County: Kacie Perkins  
 Hot Springs: Brenda Haase  
 Polson: Stephanie Anderson  
 Ronan: Katie Umbrico  
 Stevensville: Amy Paxton  
 St. Ignatius: Cindy Noland

## DISTRICT 8

Glasgow: Karleen Fossum  
 Medicine Lake: Megan Hoffman  
 ★ Poplar: Jeanine Grenada  
 Plentywood: Dona Osksa  
 Scobey: Connie Wittak

## DISTRICT 10

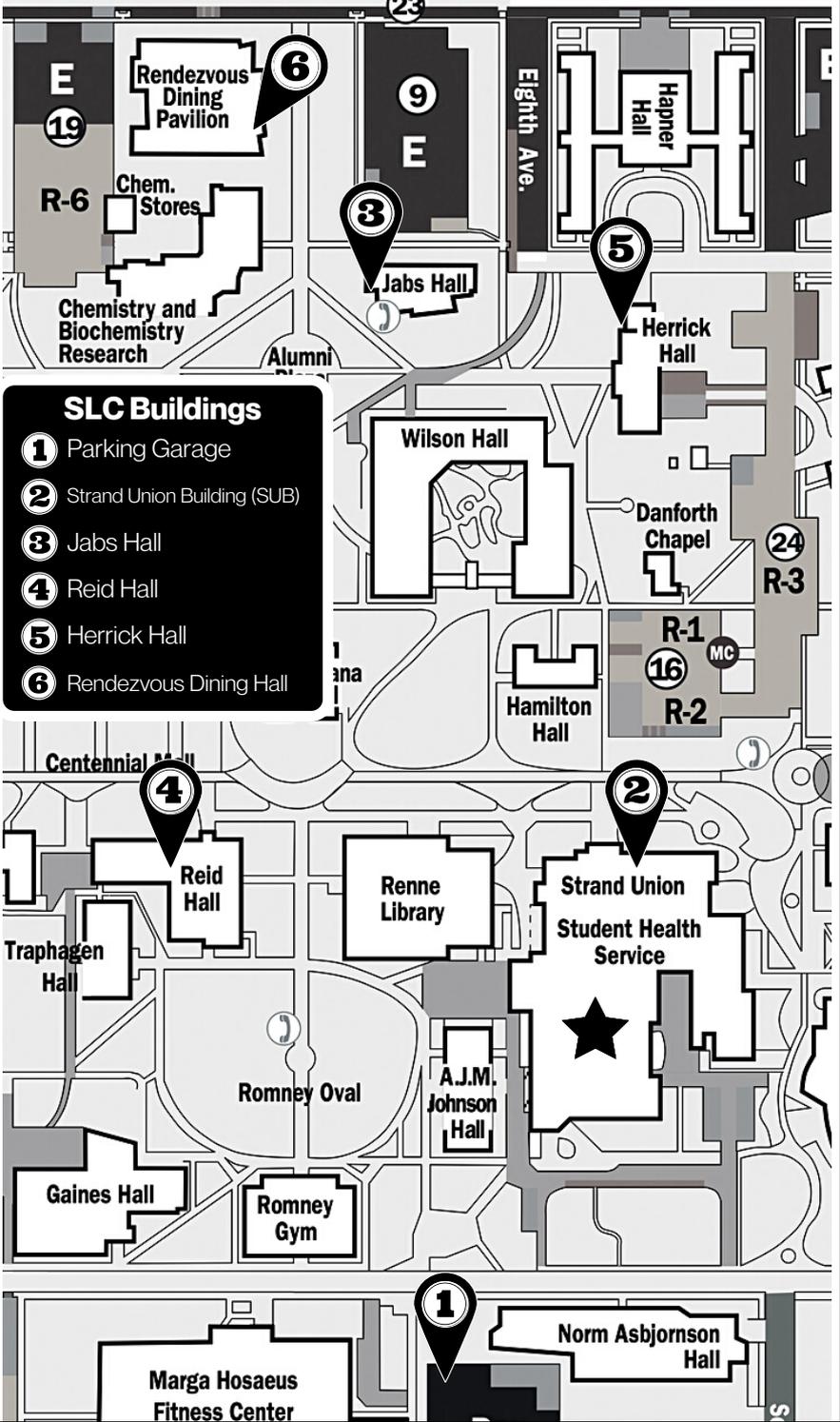
Bridger: Vicki Kaufman  
 Columbus: Lorie Martinez  
 Harlowton: Sandy Woldstad &  
 Linda Eklund  
 Laurel: Jennifer Painter  
 ★ Park City: Sarah Bolin  
 Red Lodge: Jenny Zimmerman  
 Reed Point: Sarah Milligan

## DISTRICT 11

Beaverhead: Kim Konen  
 Butte: Patty Saylor  
 Jefferson: Cassidy Parsons  
 Ennis: Jamie Diehl



# CAMPUS MAP



**SLC Buildings**

- ① Parking Garage
- ② Strand Union Building (SUB)
- ③ Jabs Hall
- ④ Reid Hall
- ⑤ Herrick Hall
- ⑥ Rendezvous Dining Hall

# 2023 INCREDIBLE STAR CHAPTERS

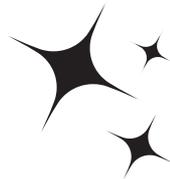
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**The Reed Point FCCLA Chapter** had a busy year! We have increased our membership and have promoted leadership at the local and state level. We have reached out into the community through events such as the Trunk or Treat and Christmas Bash, partnerships with local charities, and donations to those in need. We have improved our workplace skills, from customer service to food preparation, and have had to be creative problem solvers. We have focused on improving mental health through mental health kits to police officers, fire fighters, and health workers in our communities as well as through fun activities in our elementary, high school, and junior high. Our members have advocated for FCCLA with community members as well as our legislators. We have made it a mission to promote FCCLA through the school, from the elementary to the high school, and to make FCCLA a fun and positive place to be!



**Jefferson High School FCCLA** has had a very incREDible year! We started by welcoming several new members to our club. We had three big projects this year. One was done by two new members, Meredith and KK. They chose to expand the personal hygiene pantry to two local middle schools. They hosted several collection days and bought the few remaining items they needed to fill their quotas. Sophomores Brookie, Elle, and Mel hosted a cheer leading camp for kindergartners through sixth graders. They taught them not only a dance to perform at halftime of a basketball game, but they also helped inspire them to find self-confidence, be positive role models, and the importance of teamwork. Lastly, seniors Austie and Izzy held practices with young girls that play on the local basketball team. They focused their efforts on teaching them the importance of positive leadership and teamwork on and off the court. After several practices they organized a special night showcasing the skills they had been learning at halftime of a basketball game. I am so proud of each one of our members. We had some incredible members that did not do a project but helped implement the three main projects.



# Say **Yes** to FCS

## Make a Career in Family and Consumer Sciences Count!

As an FCS Educator you have the opportunity to:

Make  
Real World  
Skills  
**COUNT!**

Make  
Service  
Learning  
**COUNT!**

Make  
Students'  
Futures  
**COUNT!**

Make  
Work-Life  
Balance  
**COUNT!**

Make  
Career  
Preparation  
**COUNT!**

Make  
Family  
Relationships  
**COUNT!**