

71ST ANNUAL State Leadership Conference





MARCH 18-20, 2018 BILLINGS, MONTANA



Inspired

We are honored to have served and lead Montana FCCLA this year as we worked with our members, advisers, and board of directors to accomplish amazing things.

At the Leadership Rally this year, our 250+ attendees strengthened their leadership skills. We learned how we can !nspire others and spark change in our families, careers, and communities.

We have shown our communities the power of FCCLA members as we have dedicated over 12,000 hours of service learning this year.

Together, we will reach our Destination Inspiration as we enhance our College and Career Ready Skills at the 71st annual Montana FCCLA conference. Congratulations on earning a trip to Billings. We know you have conducted numerous fundraisers, dedicated hours to your competitive events and are recognized as a leader in your chapter by being here this week. Best of luck in your competitions, learn something new, and most importantly, have fun!

Sincerely, Your 2017-18 State Executive Council

> District 1 - Hayley Ries, Conrad - VP of Public Relations (Adviser: Stacy Aaberg) District 2 - Vacant

District 3 - Hali Kapperud, North Star - President (Adviser: Margie Chinadle) District 4 - Mickey Bidwell, Forsyth - VP of Competitive Events (Adviser: Kim Knoche) District 5 - Dakota Reis, Garfield County - VP of Programs (Adviser: Barb Clark) District 6/7 - Kaleb Starr, Powell County - 1st VP (Adviser: Kacie Perkins) District 8 - Rachel Billingsley, Glasgow - VP of Membership (Adviser: Karleen Fossum) District 9 - Kendra Murnion, Grass Range - VP of Parliamentary Law (Adviser: Joe Gaylord) District 10 - Teresa Twichel, Laurel - VP of Community Outreach (Adviser: Haley Barker) District 11 - Isaac Bendon, Sheridan - VP of Finance (Adviser: Roxane Shammel)



Room names at the Red Lion(RL) and Billings Hotel and Convention Center (BH) are often the same.



BH

Sunday, March 18

1:00 pm	FCCLA Event Headquarters	Ponderosa – RL
1:30-2:30 pm	Chapter Registration	Cotton – RL
2:00 - 5:30 pm	College & Career Readiness Fair	Atrium – RL
2:00 - 5:00 pm	Career Workshops	See Next Page
2:30 - 3:00 pm	Incoming SEC and Advisor Meeting	Birch- RL
3:00 - 4:00 pm	State Officer Interviews	Spruce - RL
4:00 - 5:00 pm	Incoming SEC and Current SEC Rehearsal	Convention Center - RL
4:00 - 5:00 pm	Competitive Event Lead & Assistant Lead Meeting (All leads and assistant leads must d	Missouri – RL attend)
5:00 - 6:15 pm	Adviser Dinner & Business Meeting	Missouri – RL
5:30 - 6:30 pm	Chapter Dinner (on-site)	Rains – RL
6:45 - 7:15 pm	Orientation & Event Testing- All Attende	ees
Appli Nutrit Capt Skill E STAR Leadd Skill [Toys Skill [Ca Nu STAR	amentary Procedure Orientation and Test: Birch – F ed Math for Culinary Management Orientation an ion & Wellness STAR Event Check In: Jefferson – R ure Crew Orientation: Aspen – RL Event Evaluator Orientation: Spruce – RL Event Timer Orientation: Big Horn – RL ership Seminar Check-in: Cotton – RL Demonstration Orientation and Test: Gallatin – RL That Teach, Fashion Sketch, FCCLA Creed Speaking, Speak ou Demonstration Challenge Events Check-in: Madisc onsumer Math Challenge, Early Childhood Challenge, Science in trition Challenge, FCCLA Knowledge Challenge 'Events Check-in: Stillwater– RL ustrated Talk, Interpersonal Communications, Job Interview, Lead attional Programs in Action, Recycle and Redesign, Sports Nutritice	d Test: Jefferson – RL L ht for FCCLA on – RL FCS Challenge, lership, Life Event Planning,
	? Events Check-in: Yellowstone – RL dvocacy, Career Investigation, Chapter in Review Portfolio, Chap	oter Service Project Display,

Culinary Arts, Fashion Design, Focus on Children, Food Innovations, Hospitality Tourism & Recreation

7:45 pm	Posting of Competition Times	Outside Ponderosa Room – RL
7:45 - 9:30 pm	Opening Session: Member Recognition & Keynote	Convention Center - RL

College & Career Readiness Workshops

Sunday, March 18

2:00-2:50

FCCLA JOINS THE WORKFORCE

By Grace Belize Anderson, National President

Join us as FCCLA National President, Grace Belize Anderson informs us on how FCCLA is preparing the next generation of workforce leaders! This will be a fun, interactive workshop with the opportunity to network and engage in fun activities and speak with one of FCCLA's top youth leaders!

2:00-2:50 & 3:00-3:50

DESIGN YOUR WORLD

By Teresa Slye, Gallatin College

Take this workshop if you are interested in creating your own spaces. What does it take to shape the space you use? What is the difference between what TV shows as interior design and the real world? We will think about how you can create spaces that speak to your own interests. What if you could design malls, game stores, schools or clothing stores? What would you add to make them fun, current and relevant to the user? Can a clothing store invite you in, or a game store educate you?

LEAD FROM BEHIND THE SNAKE: AN ENABLING OTHER TO ACT ACTIVITY

By Matthew VanSchenkhof, Assistant Professor Hospitality Management Take this workshop if you are interested in creating your own spaces. What does it take to shape the space you use? What is the difference between what TV shows as interior design and the real world? We will think about how you can create spaces that speak to your own interests. What if you could design malls, game stores, schools or clothing stores? What would you add to make them fun, current and relevant to the user? Can a clothing store invite you in, or a game store educate you?

3:00-3:50 & 4:00-4:50

LETTUCE PICK UP THE BEET!

TAKING DOWN TOBACCO

By Aubree Roth, Montana Farm to School Coordinator

Lentil cookies? Kale chips? Get ready to taste some delicious local foods in this hands-on workshop. Montana Harvest of the Month is an exciting new program that features a different Montana food each month in schools. FCCLA members can lead their school in taste tests, improve school meals, and teach and market local foods in your schools! Get your school ready to pick up the "beet" and join over 130 schools and afterschool programs. Also learn how your school or club can win \$100!

4:00 - 4:50

By Grace Belize Anderson, National President

Taking Down Tobacco is a comprehensive youth advocacy training program created by the Campaign for Tobacco-Free Kids in partnership with the CVS Health Foundation. This initiative educates and empowers youth to create change in their schools, communities and states and help achieve the first tobacco-free generation.

JUST DRIVE

By Kourtnee Schill & Taycee Spidahl Did you know traffic accidents are the number one killer of teens in Montana? Join us to see just what distractions can be deadly.

GALLATIN - RL

BITTERROOT - RL



POOLSIDE - RL



GALLATIN - RL



BITTERROOT - RL



POOLSIDE - RL



College & Career Readiness Fair Foyer - Red Lion Hotel Sunday: 2:00-5:30 & Monday 8:00-3:00

REACH HIGHER MONTANA

www.reachhighermontana.org

Based in Helena, Reach Higher Montana is the public benefit partnership between Student Assistance Foundation (SAF) and the Montana Higher Education Student Assistance Corporation (MHESAC). The purpose of Reach Higher Montana is to guide, prepare and support Montana students in their efforts to reach their potential through higher education. Reach Higher Montana offers a range of programs that includes outreach and education finance planning.

MONTANA STATE UNIVERSITY

http://www.montana.edu/hhd/index.html

Degree options within the Department of Health and Human Development focus on helping individuals, families and communities develop well-being. Many of the degree programs provide career training for coursework you have taken in Family and Consumer Sciences to become a FCS Teacher, counselor, early childhood educator, social worker, work in hospitality management and more! Degree programs include:

Community Health, Early Childhood Education and Child Services, Food and Nutrition, Health and Human Performance, Health Enhancement K-12, Human development and Family Science, Sustainable Food Systems Family and Consumer Sciences Teaching

MONTANA DEPARTMENT OF TRANSPORTATION

www.mdtinfo.mdt.mt.gov

MDT is partnering with the Family, Career and Community Leaders of America (FCCLA) to promote Teen Traffic Safety. FCCLA's Families Acting for Community Traffic Safety (FACTS) program is a national peer education program through which students strive to save lives by educating youth and their community about traffic safety

MDT is offering grants (up to \$1,000.00) to student(s) who decide to promote teen traffic safety in their schools. Topics that can be included are increase seat belt use; reduce speeding; reduce distracted driving; and reduce other behaviors by teen drivers that lead to injuries and fatalities, or a combination of any of these safety issues.

SHERIDAN COLLEGE

http://www.sheridan.edu

Sheridan College is a two year community college located in Sheridan, Wyoming offering over 60 degree programs. On campus housing and scholarships are available.

MILES COMMUNITY COLLEGE

www.milescc.edu

Since it's founding in 1939, Miles Community College has promoted student success and lifelong learning through accessible, quality programs and community partnerships. Today, we offer credit programs to prepare students for transfer, as well as career and technical programs to prepare students to enter the workforce. With our outstanding programs, competitive price, small teacher-tostudent ratio, athletic programs, and student clubs, MCC has something for everyone. The greatest strength of Miles Community College is the people. Our faculty and staff are committed to helping you reach your educational goals.











GALLATIN COLLEGE

http://gallatin.montana.edu

Gallatin College is Southwest Montana's two-year college, offering associate degrees and oneyear professional certificates. At Gallatin College MSU our mission is to provide an accessible student-centered education that supports individuals' personal and professional goals and enhances Montana's economy

GREAT FALLS COLLEGE MSU

http://www.gfcmsu.edu

Great Falls College MSU is a public two-year college offering the comprehensive community college mission to the larger Great Falls area. With a student body of about 1,700 students, Great Falls College MSU offers small classes and personalized instruction. Programs offered include healthcare, trades, technology, accounting and transfer. Great Falls College MSU is committed to fostering innovative, flexible learning opportunities for people of all ages, backgrounds, and aspirations, and to contributing to the stability and economic growth of the Great Falls community.

MONTANA NO KID HUNGRY

https://mt.nokidhungry.org/

Nearly 1 out of every 5 kids in Montana will struggle with hunger during their childhood. Our mission is to end child hunger in Montana by connecting kids to the healthy food they need to succeed in the communities where they live. Hunger makes school harder. Montana No Kid Hungry is working to eliminate childhood hunger in Montana by improving food access through increasing school meal participation, improving meal guality at school and home, and raising awareness through youth engagement.

MONTANA STATE UNIVERSITY BILLINGS

www.msubillings.edu

Montana State University Billings is a public university located in Montana's largest city. Four colleges located on the University campus offer degrees in Allied Health, Business, Education and Arts & Science. Our City College campus specializes in Certificate and Associate degree education in the areas of health, transportation, business, computer tech, and industry.

SUCCESS N FUNDRAISING, LLC

http://successnfr.com

As your exclusive Butter Braid brand pastry dealer, Success N Fundraising, LLC operates our fundraising company with business principles based on integrity. We are a Montana based, family owned small business; offering a great experiences, simple program and proven products. We are passionate about helping you achieve your success!

DAWSON COMMUNITY COLLEGE

www.dawson.edu

Since first offering classes in 1940, Dawson Community College has developed into a comprehensive academic community committed to providing affordable and open access to quality teaching and learning. The foundation of Dawson Community College's success is the uniquely talented and dedicated personnel who share a commitment to high academic standards, vibrant campus culture, and individual attention to student needs. Dawson Community College offers Associate of Arts and Associate of Science degrees that prepare learners for transition to and success in further degree programs; Associate of Applied Science degrees that prepare learners for vocational and technical career entry, transition, and advancement; pre-college programs and services that prepare learners for successful transition to college; and programs and services that help address the professional, social, and personal enrichment needs of the region.







GALLATIN

COLLEGE



MSUBILLINGS





Monday, March 19

7:00 am	Breakfast at Hotel	
8:00 - 8:20 am	Event Evaluator Orientation	Competition Rooms
7:45 - 4:00 pm	Evaluator Hospitality Room	Jefferson – RL Exec. Boardroom – BH
8:00 - 3:00 pm	College & Career Readiness Fair	Atrium – RL
8:00 – 5:00 pm	Headquarters Room	Ponderosa - RL
8:20 - 4:30 pm	STAR & Skill Demonstration Events	See next page
8:30 - 3:00 pm	Awareness Sessions	Rooms vary
8:30 - 2:45 pm	Incoming State Officer Training	Spruce - RL
9:00 – 12:00 pm	Leadership Seminar: Keynote Speaker	Stillwater – RL
10:00 - 4:00 pm	Student Wellness Area	Foyer - RL
11:45 - 1:00 pm	Lunch (all attendees)	Rains – RL
11:45 - 1:00 pm	VIP Luncheon (must have Ticket)	Missouri – RL
	All partners, evaluators, event leads & assistants, Ultimate Leaders, awareness session presenters and state officers.	
1:00 – 3:00 pm	Why FCCLA: National President	Stillwater – RL
3:00 pm	Passport Due To be eligible for prizes.	Foyer - RL
3:00 - 3:45 pm	Incoming District Officer Training	Spruce - RL
4:00 - 4:45 pm	District Meetings	Rooms vary - See page 15
5:00 - 6:00 pm	Second General Session: Chapter & Leaders Recognition	Convention Center - RL
6:00 pm	Awards Session Set-up Lead: District 8; In-training: District 9	Convention Center - RL
6:00 pm	Dinner On Your Own	

Thank you to our Culinary Arts competition sponsor!





MONDAY, MARCH 19 8:00-5:00 PM

RL: Red Lion

BH: Billings Hotel & Convention Center

Skill Demonstration Events

All Challenge Events: Parlor 1010 - BH

Consumer Math Challenge Early Childhood Challenge Science in FACS Challenge Nutrition Challenge FCCLA Knowledge Challenge **Parlor 1001 - BH** Toys that Teach Speak out for FCCLA

Parlor 1009 - BH Fashion Sketch FCCLA Creed Speaking

STAR Events

Advocacy: Cotton - Red Lion

Applied Math for Culinary Management: Parlor 1018 (competition), Parlor 1031 (prep) - BH Career Investigation: Little Missouri & Gallatin - Billings Hotel Chapter in Review Portfolio: Madison - Red Lion Chapter Service Project Display: Yellowstone - Billings Hotel Culinary Arts: Kitchen (by Jefferson) - Red Lion Fashion Design: Jefferson – Billings Hotel Focus on Children: Boulder & Stillwater - Billings Hotel Food Innovations: Big Horn - Red Lion Hospitality, Tourism & Recreation: Parlor 1019 (competition), Parlor 1031 (prep) – Billings Hotel Illustrated Talk: Madison - Billings Hotel Interpersonal Communications: Parlor 1030 (competition), Parlor 1031 (prep) – Billings Hotel Job Interview: Lewis & Clark - Red Lion Leadership: Parlor 1030 (competition), Parlor 1031 (prep) – Billings Hotel Life Event Planning: Ballroom – Billings Hotel National Programs in Action: Yellowstone - Red Lion Nutrition & Wellness: Parlor 1018 – Billings Hotel Recycle & Redesign: Big Horn - Billings Hotel Parliamentary Procedure: Birch (competition), Aspen (prep) - Red Lion Sports Nutrition: Rosebud - Billings Hotel



Thank you to our competitive event evaluator sponsor!

Awareness Sessions Monday, March 19

8:30-9:20

TAKING DOWN TOBACCO

By Grace Belize Anderson, National President

Taking Down Tobacco is a comprehensive youth advocacy training program created by the Campaign for Tobacco-Free Kids in partnership with the CVS Health Foundation. This initiative educates and empowers youth to create change in their schools, communities and states and help achieve the first tobacco-free generation."

9:30-10:20

COMMUNITY COLLEGE VERSUS UNIVERSITY: DIFFERENCE

Suela Cela, Dawson Community College

If you are wondering whether to attend a community college or a university, you should have a solid understanding of the major differences between the two. Join this session to learn more about the difference between the two, and make an informed decision about the next step in your education.

TALKIN' TRASH

By Natalie Redick, PRC VISTA-Billings & Gilly Levy, PRC VISTA-Hardin Have you noticed food being wasted in your schools? Learn ways to rescue food that is unwanted and unused and shared with students who need it. Montana teachers are using their own money to ensure hungry students are fed. Use rescued food to create healthy recipes like banana bread, parfaits, etc. which can be used for student group bake sales or can be used in recipes to create snacks for students. Enjoy a cooking demonstration and sample a healthy breakfast option that allows students to get the nutrients they need to have a healthy start to their school day.

10:30-11:20

FCCLA RECRUITMENT AND PROMOTION

Grace Belize Anderson, National President

Are you wanting to promote FCCLA in your school? Maybe you are hoping to be your Chapter Public Relations Officer but just have no idea how to promote FCCLA. In this workshop, Grace Belize Anderson, the National FCCLA President, will give students tips and tricks on how to promote FCCLA. She will be going over tips on how to run a social media page, show a sample template of how to write a newspaper article, provide membership drive ideas, and more! So come prepared to take notes!

GET A JUMP ON SCHOLARSHIPS

By Katherine Foster, Advisor

When it comes to paying for college, every dollar counts. Finding and applying for a variety of scholarships is an excellent method of making headway on college-related expenses. Reach Higher Montana is here to help you Get a Jump on Scholarships. This workshop is designed to assist students with searching and applying for scholarships. Learn about how to apply for scholarships, how to write a compelling essay, how to request letters of recommendation and how to enhance your academic resume.

BITTERROOT - RL







Reach Higher

GALLATIN - RL

BITTERROOT - RL



AWSO

1:00-1:50 & 2:00-2:50

GET MOVIN' DANCE!

Dancing is a fun and healthy way for self-expression, to release stress and to stay fit! Anyone can do it! Come and join me for some FUN!! Hip-hop, line dance and OULA (a relatively new way to dance/exercise). Remember you can't make a wrong move when you are dancing and having fun!

1:00 - 1:50

REVERSE-ENGINEERING YOUR STORY

BITTERROOT - RL

By Kyle Scheele

Once you decide to live a good story, what happens next? How do you decide what to do with your life? And once you decide, how do you get there?The answer lies in reverseengineering. In this workshop, I help students "begin with the end in mind", backtracking step-by-step to plan out the right path to reach their dream.

Questions include:

- -How do I decide what to do with my life?
- -How do I know if I'm being unrealistic?
- -What should my next steps be?

-Who are the people who can help me reach my dream?

Students walk away with a list of actionable steps to take towards achieving their dream and living a better story. This workshop is a great way to reinforce the ideas from my keynote in a practical, small-group atmosphere.

2:00 - 2:50

SPEAKING IN PUBLIC WITHOUT PEEING YOUR PANTS

BITTERROOT - RL

By Kyle Scheele

Public speaking consistently ranks as the number one fear in America.

The NUMBER ONE FEAR!

Not death, not nuclear war, not even waking up to find that you sleepwalked to school in your underwear.

But public speaking doesn't have to be hard. In fact, it can be a blast for both the speaker AND the audience if you take the time to learn a few tricks of the trade. As someone who has spoken to thousands and thousands of teenagers and adults across the country, Kyle knows a thing or two about speaking with confidence, holding an audience's attention, and using humor to drive home a point.

In this workshop, he boils down his years of speaking experience into a practical, step-bystep method for improving your speaking technique.

Awareness Sessions Monday, March 19

POOLSIDE - RL

Passport Program

Visit each vendor and attend workshops for a chance to win great prizes!



FCCLA Bookbag



\$25 Gift Card NETFLIX

One-year Netflix Gift Card



Amazon Echo

Passport Due at 3:00 Foyer - Red Lion Hotel

Montana FCCLA

Student Wellness

An area designed for members to give to others, de-stress and meet new people!



INTERMOUNTAIN THERAPY ANIMALS PETS HELPING PEOPLE Learn about this non-profit

organization while petting a therapy dog!

On-site Monday. Poolside – Red Lion



Relax tense muscles with a chair massage for \$1 per minute.

> Monday 10:00-3:00. Poolside - Red Lion

DISTRICT MEETINGS MONDAY 4:00 - 4:45

District 1: Missouri RL District 2: Parlor 1010 BH District 3: Jefferson BH District 4: Stillwater RL District 5: Gallatin RL District 6/7: Lewis & Clark RL District 8: Parlor 1019 BH District 9: Bighorn RL District 10: Bitterroot RL District 11: Yellowstone RL

Whats happening where...

Red Lion

Competitive Events

Food Innovations Leadership Seminar Chapter in Review Portfolio Job Interview National Programs in Action Culinary Arts Parliamentary Procedure Advocacy

Other Activities



Billings Hotel

Competitive Events

Skill Challenge Tests Leadership Career Investigation Sports Nutrition Recycle & Redesign Illustrated Talk Speak out for FCCLA Skill Demonstration Chapter Service Project Display

Life Event Planning Fashion Design Focus on Children Applied Math for Culinary Management Nutrition & Wellness Hospitality, Tourism & Recreation Interpersonal Communications

Second General

Session

ADVISER & CHAPTER RECOGNITION

Monday, March 19 – Convention Center – RL 5:00–6:00 pm

Service Hours

Montana Department of Transportation – Vision Zero Awards Star Chapter Awards Grace Belize Anderson – National FCCLA President: Keynote Adviser Awards



В Н С С

Grace Belize

NATIONAL FCCLA PRESIDENT SECOND GENERAL SESSION KEYNOTE

Join Grace in her workshops this week!

Sunday: Taking Down Tobacco FCCLA joins the workforce Monday: Taking Down Tobacco FCCLA Recruitment and Promotion Leadership workshop – pre-registration



Tuesday, March 21

7:00 am	Breakfast at Hotel				
8:30-9:15 am	Business Meeting	Convention Center - RL			
9:15-11:30 am	Final Walk & Installation Awards	Convention Center - RL			
Voting Delegate Business Meeting (voting delegates sit in designated section)					
Final Walk and Installation					
National Program and Competitive Event Awards					

National Program and Competitive Event Awards (Sit by event throughout the ceremony; if in multiple events, sit in the event called first)

11:30 – 12:30 pm National FCCLA State Leadership Conference Attendees Meeting

Missouri- RL

Congratulations 2018–19 State Executive Council

District 1: Elle Buhl, Conrad (Adviser, Stacy Aaberg) District 2: Bray Holmes – Park County (Adviser, Brittney Hampson) District 3: Ben Costin, Malta (Adviser, Becky Bruce) District 4: Tess Wilson, Billings Skyview (Adviser, Cindy Bergum) District 5: Kristen Johnson, Wibaux (Adviser, Adele Stenson) District 6/7:Kaitlyn Logan, Powell County (Adviser, Kacie Perkins) District 8: Hunter Moore, Plentywood (Adviser, Beth Linquist) District 9: Mattie Tueck, Grass Range (Adviser, Joe Gaylord) District 10: Jocelyn Ott, Reed Point (Adviser, Chick Brogan) District 11: Alyssa West, Ennis (Adviser, Jamie Diehl)