

2020 FCS DAY - "DIG INTO FCS!"

Montana FCCLA invites you to join us in celebrating the 7th National Family and Consumer Sciences Day on Thursday, **December 3**. Students can prepare meals at home with their families, host a virtual event, or enjoy snacks socially distanced with their peers. "Dig into FCS" is our theme this year; to kick off Montana's FCS day celebration, check out the resources below to see how to get started!

How do I participate?

1. Celebrate at home or socially distanced at school with a "Dig into FCS" party! Encourage students to prepare a meal at home with their families if you're unable to hold a "Dig into FCS" party in your classroom.
2. Show your FCCLA pride by wearing red or FCCLA apparel!
3. **Sign up here:** <https://www.aafcs.org/fcsday/home> (Make sure to count everyone who participates in the event, including teachers.)
4. Spread the word!
 - o Include the event in your school's daily announcements to create awareness and increase student and faculty engagement!
 - o Send an email to your friends or colleagues inviting them to join you in celebrating FCS day!
5. If you teach a foods/culinary class, have them prepare a snack or meal at home or in the classroom. (Recipes are provided to utilize for labs!)
6. Take your "Dig into FCS" party to the next level with some décor, party supplies, and/or a photo booth!

Follow the links below:

- o White and silver confetti balloons: https://www.amazon.com/White-Silver-Confetti-Party-Balloons/dp/B089GH1Q8R/ref=sr_1_5?crd=3FGX2DMP327CT&dchild=1&keywords=silver+confetti+balloons&qid=1603124968&srefix=silver+con%2Caps%2C238&sr=8-5
 - o Backdrop: https://www.amazon.com/BTSD-home-Metallic-Backdrop-Curtains-Decoration/dp/B07S4BD9H2/ref=sr_1_81?crd=3FGXAKXBJQINJ&dchild=1&keywords=sparkle+party+decorations&qid=1603123333&srefix=sparkle+party+%2Caps%2C243&sr=8-81
 - o Shovel shaped spoons: https://www.amazon.com/Newbested-Colorful-Disposable-Plastic-Dessert/dp/B085XWKL5L/ref=sr_1_6?dchild=1&keywords=shovel+spoons&qid=1602870136&refin
 - o Photo booth
 - Polaroid picture frame poster board cutout instructions (22-by-28-inches)
 - <https://vbs.lifeway.com/2019/02/28/diy-photo-frames-for-photo-ops/>
 - Photo booth props (below)
7. Utilize these resources:
 - o AAFCS Dine In - <https://www.aafcs.org/fcsday/home>
 - o FCCLA @ the Table - <https://fcclainc.org/engage/fcclathetable>
 8. Share your FCS Day experience on social media!



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