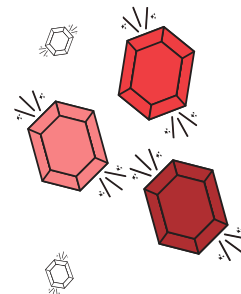


# TALK OF THE STATE



## Digging into National Programs

When researching FCCLA projects, have you ever been overwhelmed? There are so many things to choose from. There are eight national programs. I will share a quick overview of each.

**Career Connections** - Explore career pathways and skills for success in families, careers, and communities. For example, I'm interested in becoming a Microbiologist and through this project I can learn skills that will prepare me for college, internships, and my future career.

**FACTS (Families Acting for Community Traffic Safety)** - Explore projects to prevent impaired driving. Last year, my FCCLA chapter conducted a drowsy driving project in partner with our local telephone cooperative to have a simulator come to our school for each student to experience impaired driving.

**Families First** - Strengthen family relationships, learn how families work, and become a strong family member. FCCLA is the only student organization who puts families first. If this is your goal to learn more about and include family, this is the program for you.

**Financial Fitness** - Manage and use your money wisely. As a senior preparing for college, I will be working on scholarships, managing my money, saving for college and my future. This program offers tools to work on those financial goals.

**Community Service** - Identify a concern and develop a project, large or small, to improve the quality of life in your community. Last spring, I volunteered to sell poppies near my local post office for the American Legion Auxiliary before Memorial Day. This is an example of how I contributed to my community in a small, but impactful, way.

**Power of One** - Make a positive change one goal at a time. Find your personal power and make a difference in your own life.

**Stand Up** - Develop, plan, carry out, and evaluate advocacy activities to improve the quality of life in your community.

**Student Body** - Eat right, be fit, and make healthy choices. Utilize this program if you want to improve your health or your mindset one goal at a time.

Regardless of the project you choose, be sure to use the Planning Process and be prepared. I look forward to "seeing" or hearing about your progress throughout the year!

- Camilla Jensen, Vice President of Programs

