

| Saturday, July 1   | Sunday, July 2  | Monday, July 3  | Tuesday, July 4   | Wednesday, July 5   | Thursday, July 6  |
|--|---|---|---|---|---|
| <p><b>8:00 AM – 6:00 PM</b><br/>Conference &amp; Competitive Events Registration</p> <p><b>1:00 – 3:00 PM</b><br/>NOCA Orientation<br/>NOMCOM Orientation<br/>NOC Orientation &amp; Project Center</p> <p><b>3:30 – 9:00 PM</b><br/>NOMCOM Interviews</p> <p><b>4:00 – 6:30 PM</b><br/>State Advisers Professional Development</p> <p><b>6:30 – 8:00 PM</b><br/>State Advisers Welcome Reception</p> | <p><b>8:00 AM – 6:00 PM</b><br/>Conference &amp; Competitive Events Registration</p> <p><b>10:00 AM – 12:00 PM</b><br/>NOC Fishbowl</p> <p><b>12:00 – 6:00 PM</b><br/>EXPO and FCCLA Store</p> <p><b>1:00 – 2:00 PM</b><br/>Youth Networking<br/>Adviser Professional Development<br/>Voting Delegate Orientation</p> <p><b>2:00 – 3:00 PM</b><br/>State Officer Training</p> <p><b>2:00 – 4:00 PM</b><br/>Activity in Expo Hall</p> <p><b>2:30 – 4:00 PM</b><br/>STAR Events Lead/Assistant Lead Consultants<br/>Organizational Meeting</p> <p><b>4:00 – 5:00 PM</b><br/>State Meetings</p> <p><b>6:00 – 8:00 PM</b><br/>Opening General Session</p> <p><b>8:30 – 9:30 PM</b><br/>State Meetings</p> | <p><b>7:30 AM – 5:00 PM</b><br/>Registration/Information</p> <p><b>7:30 – 8:30 AM</b><br/>STAR Events Volunteer Meeting</p> <p><b>8:00 AM – 4:00 PM</b><br/>EXPO and FCCLA Store</p> <p><b>8:30 – 9:30 AM</b><br/>General Session: Business</p> <p><b>9:00 AM – 4:00 PM</b><br/>STAR Event Competitions</p> <p><b>9:45 AM – 12:00 PM</b><br/>Youth Workshops / Red Talks</p> <p><b>10:00 AM – 12:30 PM</b><br/>NOC Networking</p> <p><b>10:00 AM – 3:15 PM</b><br/>FCCLA/Lifesmarts Knowledge Bowl</p> <p><b>1:30 – 2:15 PM</b><br/>National Officer – Group A</p> <p><b>1:45 – 4:00 PM</b><br/>Youth Workshops / Red Talks</p> <p>2:30 – 3:15 PM<br/>NOC Speeches – Group B</p> <p><b>4:30 – 5:15 PM:</b><br/><b>5:30 – 6:15 PM</b><br/>State Meetings</p> <p><b>5:15 – 7:00 PM</b><br/>2023-2024 NEC Elections</p> <p>Evening Open for Dinner and Sightseeing</p> | <p><b>8:00 AM – 12:00 PM</b><br/>Registration/Information<br/>FCCLA Store (Last Day)</p> <p><b>8:00 – 11:00 AM</b><br/>FCCLA Showcase<br/>(Spotlight on Projects, STAR Events, Project Highlights)</p> <p><b>8:30 AM – 12:00 PM</b><br/>Red Talks<br/>Youth Workshops</p> <p><b>9:00 – 11:00 AM</b><br/>State &amp; Chapter Adviser Networking Roundtables<br/>ACF Certification Exams</p> <p><b>1:00 – 9:00 PM</b><br/>Special Event – Group Outing to Elitch Gardens Amusement &amp; Water Park</p> | <p><b>7:30 AM – 5:00 PM</b><br/>Registration/Information</p> <p><b>7:30 – 8:30 AM</b><br/>STAR Events Room<br/>Consultants, Evaluators &amp; Volunteers Meeting</p> <p><b>8:45 – 11:00 AM</b><br/>Youth Workshops<br/>Red Talks</p> <p><b>9:00 – 11:00 AM</b><br/>State Officer Networking<br/>Best Practice Exchanges</p> <p><b>9:00 AM – 4:00 PM</b><br/>STAR Event Competitions</p> <p><b>1:00 – 3:30 PM</b><br/>Youth Workshops<br/>Red Talks</p> <p><b>4:00 – 6:00 PM</b><br/>General Session: Recognition Session<br/>(Fashion Show, KB Finals, Awards, &amp; new NEC)</p> <p><b>7:30 -10:00 PM</b><br/>Special Event: Rock the Red with Yoga, Zumba, and Dancing</p> | <p><b>7:30 AM – 5:00 PM</b><br/>Registration/Information</p> <p><b>7:45 – 8:00 AM</b><br/>STAR Events Finalist Recognition Session – Volunteers Report</p> <p><b>8:00 – 8:30 AM</b><br/>STAR Events Finalist Recognition Session – Finalists Report</p> <p><b>8:30 – 9:30 AM</b><br/>State STAR Events Recognition Session Pickup</p> <p><b>9:00 – 11:30 AM</b><br/>STAR Events Finalist Recognition Session (Top 10 Finalists)</p> <p><b>12:00 – 1:00 PM</b><br/>State STAR Events Recognition Session – Group A</p> <p><b>1:30 – 2:30 PM</b><br/>Competitive Events State Recognition Sessions – Group B</p> <p><b>4:30 – 6:00 PM</b><br/>Closing General Session (Say Yes to FCS, Scholarship Presentations, Farewell to NEC)</p> <p><b>7:30 – 10:30 PM</b><br/>Special Event: FCCLA NLC After Party</p> |



## 2023 National Leadership Conference

### **Registration Rates**

Early Rate: \$160

Regular Rate: \$170

Late Rate: \$210

Registration rate includes access to all General Sessions, State Meetings, EXPO, Youth Workshops, Adviser Professional Development, and Networking.

### **Registration Packages**

Early Rate: TBD

Regular Rate: TBD

Late Rate: NA

Registration Package rate includes the Registration Rate items plus the Special Event Outing and the NLC After Party.

The FCCLA logo, consisting of the letters "FCCLA" in a bold, white, uppercase, sans-serif font, set against a red background that forms a diagonal stripe across the bottom of the slide.



## 2023 National Leadership Conference

### Preparing to Attend

#### STEP 1. REGISTER FOR NATIONAL LEADERSHIP CONFERENCE

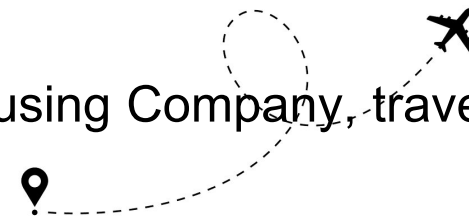
Attendees are not registered for the conference until they submit their registration.

#### STEP 2. RESERVE HOTEL ROOM(S)

Hotel reservations should be made prior to making travel arrangements to ensure you have confirmed your arrival/departure dates.

#### STEP 3. BOOK TRAVEL

After receiving your hotel acknowledgment from the FCCLA Housing Company, travel arrangements should be made.



# FCCLA®

## 2023 National Leadership Conference

### Hotels:

- 11 hotels in the Downtown area
- All less than one mile from the convention center
- Shuttles will not be provided
- All hotels close to restaurants and shopping





## 2023 National Leadership Conference

### **Housing Reservations:**

- Orchid Events will handle reservations again this year
- All housing is on a first-come, first-served basis
- No pre-blocking for travel agents
- Credit card required to hold rooms





## 2023 National Leadership Conference

### Special Events:

#### Special Event Outing - Elitch Gardens

- Tuesday, July 4th
- Sessions end by noon – all afternoon/evening in the park
- Amusement park & water park
- Rolling shuttles
- Food and drinks in private picnic area
- Park closes at 9:00 PM
- No fireworks

**Registration Rate: \$79**



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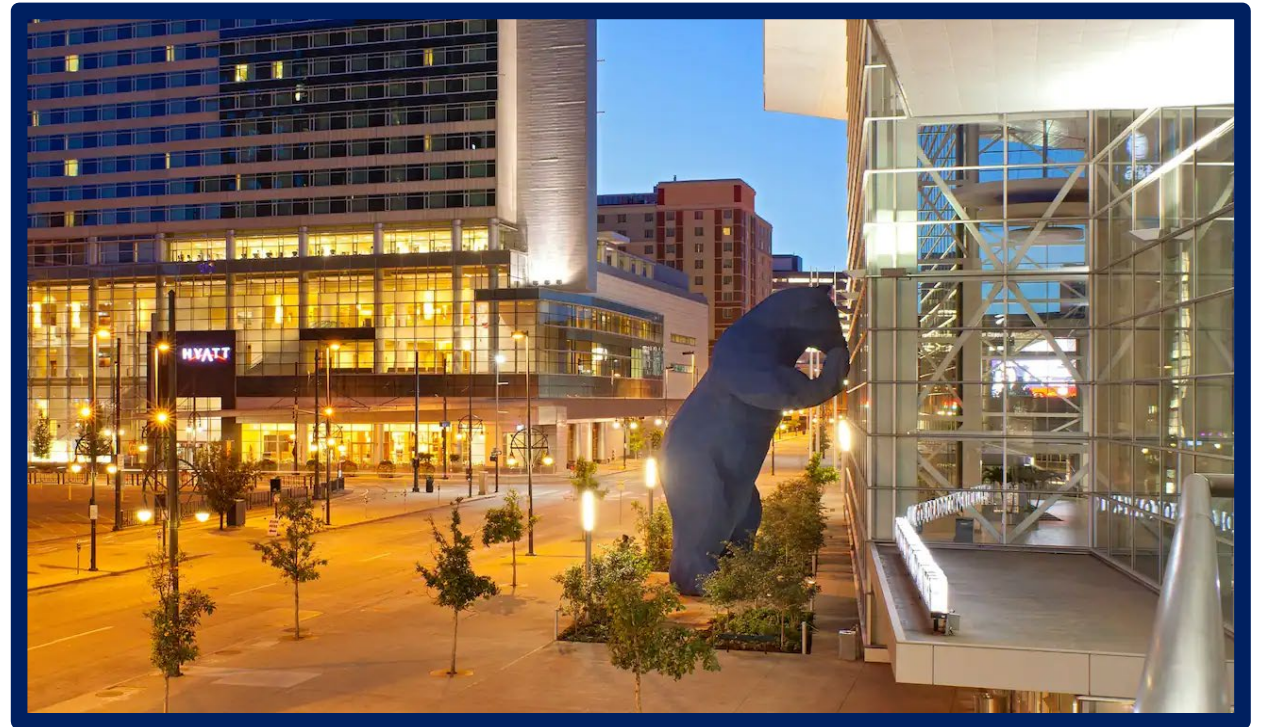
## 2023 National Leadership Conference

### Special Events:

#### NLC After Party

- Thursday, July 6
- Hyatt Regency Denver
- Casual attire
- Dancing
- Games
- Limited snacks, cookies, and brownies

**Registration Rate: TBD**  
**(Expected \$55-60 range)**



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## 2023 National Leadership Conference

### Special Events:

As a replacement for the Run4Red event, we are introducing:

Rock the Red!

- Wednesday, July 5th
- Nighttime event
- No bussing required
- Sculpture Park
- Yoga, Zumba, DJ and Dancing
- Yoga Mat Towel included
- Healthy treat and Water

**Registration Rate: TBD**  
**(Expected \$52-57 range)**

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## 2023 National Leadership Conference

### Health & Safety

Follow local county public health officials' regulations at the time of the conference

### Mandatory Dress Code

Published on the FCCLA website

### Required Forms

- Code of Conduct
- Permission to Attend
- Mandatory Dress Code
- COVID Waiver & Safety Agreement (TBD)
- Forms must be signed by the student and their Parent/Guardian



# FCCLA®

# High-Altitude Tips



**DRINK WATER:** Before your trip to Denver, and while you are here, drinking plenty of water is the number one way to help your body adjust easily to our higher altitude. The low humidity in Colorado keeps the air dry, like the desert, so you need about twice as much water here as you would drink at home.

## EAT FOODS HIGH IN POTASSIUM

Foods such as broccoli, bananas, avocado, cantaloupe, celery, greens, bran, chocolate, granola, dates, dried fruit, potatoes and tomatoes will help you replenish electrolytes by balancing salt intake.

## WATCH YOUR PHYSICAL ACTIVITY

The effects of exercise are more intense here. If you normally run 10 miles a day at home, you might try 6 miles in Denver.

## PACK FOR SUN

With less water vapor in the air at this altitude, the sky really is bluer in Colorado. But there's 25 percent less protection from the sun, so sunscreen is a must. Denver receives over 300 days of sunshine each year (more than San Diego or Miami). Bring sunglasses, sunscreen, lip balm... even in winter.

## DRESS IN LAYERS

Two days before your trip to Denver, check the weather and use this information to pack appropriately. Because the sun is especially powerful in Denver, it can feel much warmer than the actual temperature during the daytime, but then become very chilly after sundown, particularly in the Spring and Fall. It is best to layer your clothing.



# DIA Train to Union Station

- The [A Line](#) whisks travelers to the heart of downtown with the final destination being Union Station.
  - 37 minutes from DIA to Union Station with 6 stops
  - Train departs every 15 - 30 minutes
  - \$10.50 one-way ticket
    - Discount for youth, age 6-19 - \$3.20 each way!
- The VISIT DENVER Union Station Tourist Information Center is available to guide guests to their destination within Downtown Denver (Open Wednesday to Sunday, 9am – 4pm)
- Travelers can access additional local and regional transportation services:
  - Taxis or Ride Share
  - Free 16th Street Mall shuttle (MallRide) and free downtown MetroRide buses





# 16<sup>th</sup> Street Mall

- The mile long pedestrian mall has free shuttles every 30-90 seconds that stop on every corner
- Retail, restaurants and outdoor patios/cafes
- Ambassador Program and Security Team



# 16<sup>th</sup> Street Mall Construction



# Denver Dining

- Many options within walking distance of the Colorado Convention Center
- Area specialties include southwestern dishes, buffalo, Rocky Mountain trout, Colorado lamb, green chili, and Colorado beef





# Dining Options

- **Food Halls:**

- Denver Milk Market
  - Milepost Zero Food Hall

- **Denver Originals:**

- Blue Agave Grill
  - Cherry Cricket
  - Katchina Cantina
  - Osteria Marco
  - Sam's #3
  - Snooze AM Eatery
  - Inventing Room – For Magical Desserts
    - Advance reservations required



## Close to Hotels and Convention Center

Brooklyn's Finest Pizza  
Bubba Gump Shrimp Co  
\*Corinne Restaurant  
Corner Bakery Café  
Earls Kitchen + Bar  
\*Element  
\*Former Saint  
Hard Rock Café  
Juice Kitchen  
Menya Ramen Noodle Bar  
Mint Indian Restaurant  
Modern Market  
Otra Vez Cantina  
Poke Club  
Rock Bottom Brewery  
SliceWorks Pizza  
Snarf's  
Stout Street Social  
Syrup  
Ted's Montana Grill  
\*Territory Kitchen and Bar  
West of Surrender

*\* Hotel Restaurants*



# Denver Pavilions

- Shopping
- United Artists Theatres
- Lucky Strike & For the Win



- 5280 Burger Bar
- Auntie Anne's
- Cinnabon
- Corner Bakery
- Hard Rock Café
- Lucky Strike
- Maggiano's



# Events

- [Colorado Rockies](#)
  - July 1 - Fireworks game
  - July 2 - Day game
- [Cherry Creek Arts Festival](#)
  - July 1- 3
- [Cirque Du Soleil](#) - KOOZA at Ball Arena
  - Starts July 5





# Golden Triangle & Civic Center Park

- [US Mint](#)
- [Denver Art Museum](#)
- [History Colorado Center](#)
- [Colorado State Capitol](#)
- [Clyfford Still Museum](#)
- [Kirkland Museum](#)



# Attractions Close to Downtown

- [Denver Zoo](#)
- [Denver Museum of Nature & Science](#)
- [Denver Botanic Gardens](#)
- [Downtown Aquarium](#)
- [Meow Wolf](#)





# Fun Activities



- [EscapeWorks](#)
- [Urban Putt](#)
- [Punch Bowl Social](#)
- [VR Arcade](#)



# Metro Area Attractions

- [Buffalo Bill's Grave & Museum](#)
- [Butterfly Pavilion](#)
- [Dinosaur Ridge](#)
- [Red Rocks Amphitheatre & Visitors Center](#)



- [Rocky Mountain Arsenal National Wildlife Refuge](#)
- [The Wild Animal Sanctuary](#)
- [Wings Over the Rockies](#)





# Our Beautiful Backyard

- 54 Mountain Peaks over 14,000 feet high
- 120-mile-long view of the mountains from the Colorado State Capitol
- Home to Mt. Evans, the highest paved road in North America



- Denver Highlights
- Deals and Discounts
- [Dining Options](#)
- [Transportation](#)
- [Denver 365](#)



## Must-See & Do Denver

From Larimer Square to Denver Art Museum, here are some of Denver's must-sees, arranged by location.

[Read More](#)



## Food & Drink

Denver is quickly gaining a reputation for its innovative, young chefs and eclectic, diverse cuisine with a Western flair.

[Read More](#)



## Attractions & Day Trips Near Denver

Here are just a handful of gorgeous drives and mountain town adventures, all within two hours of The Mile High City.

[Read More](#)



## Come Early, Stay Late

With the world's most spectacular playgrounds right in our backyard, Denver offers easy access to the Rocky Mountains.

[Read More](#)



## Cultural Discounts

Enjoy discounts to cultural attractions throughout Denver.

[Read More](#)



## Sports Discounts

Don't miss an opportunity to see Denver's pro sports teams in action.

[Read More](#)



## Deals & Discounts

Get coupons and special offers for Denver attractions, restaurants and more.

[Read More](#)



## Attraction Discount Passes

Enjoy two different passes to take advantage of great attractions throughout Denver.

[Read More](#)



# 2023 Capitol Leadership



**October 9-11, 2023**

Hyatt Regency Washington on  
Capitol Hill  
**Washington, D.C.**

\*Registration opens August 1, 2023



**FCCLA®**

# 2023 National Fall Conference

**November 10-12, 2023**  
Birmingham, AL

\*Registration opens August 1, 2023



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