



Participant Waiver and Release: 2026 ProStart and FCCLA Culinary Competition

March 20, 2025 Montana State University/Gallatin College Bozeman, Montana

I (we) understand that I (we) hold Montana FCCLA the Montana Restaurant Association Education Foundation ("MTRAEF"), the Montana Restaurant Association, Gallatin College, Montana State University and any affiliated entity, including but not limited to the Montana Retail Association, their officers, agents and employees harmless from any and all liability or claims, which may arise out of or in connection with my (my child's or dependent's) participation in the Montana ProStart Invitational (the "Event") and related and surrounding activities, including but not limited to mandatory or optional events. I (we) acknowledge that there is a certain risk of property damage and/or injury, including death, in any culinary education or training program and I (we) hereby agree to accept and assume any and all risks of participation, whether caused by the negligence of the Foundation or otherwise.

I (we) fully understand that participants must abide by all rules and regulations governing conduct during the Event. Any violation of these rules and regulations may result in a participant and/or attendee being sent home at participant's and/or attendee's expense. Misconduct includes but is not limited to, any alcohol or nonprescription drug use (including cigarettes and e-cigarettes) at activities or locations related to the Event. Any type of misconduct may disqualify a participant and/or the participant's team from participation in the Event and/or any awards. Should such misconduct come to the Montana FCCLA's attention, the matter will be investigated as Montana FCCLA deems appropriate. Any decision and sanction as to appropriate action due to misconduct is at the sole discretion of the Montana FCCLA and is final and non-reviewable. By participating in the Event, the student and the team accept these requirements as well as all other conditions of the Event.

I (we) hereby consent that Montana FCCLA, its affiliates, representatives, successors or assigns, shall have the right to capture, edit, reproduce, publish and otherwise use my (or my child's or dependent's) image, appearance, voice and likeness in any photographs, movies, films, video tapes, digital images, sound recordings, submitted text or any other medium they have taken or made of me (or my child or dependent) during or in conjunction with the Event for publicity, advertising, Internet usage or any other lawful purpose in conjunction with my (my child's or dependent's) own or a fictitious name or image.

I (we) will adhere to all mask mandates for Montana State University.

I (we) hereby waive all claims for any compensation for use of my (my child's or dependent's) image, appearance, voice or likeness or for any damages related to such use.

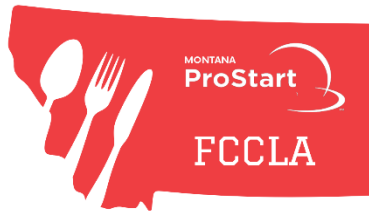
I (we) hereby waive any right that I (we) may have to inspect and/or approve the finished product or the use to which it may be applied.

I (we) hereby warrant by signing below that I (we) have every right to contract in my (or my child's or dependent's) own name in the above regard. I (we) state further that I (we) have read the above authorization and release, understand and are agreeable to its execution and the contents thereof.

This form must be completed and signed before students are eligible to participate in the Event. I (we) have read, understand and agree to comply with the information in this document. I (we) understand that students without completed and signed waivers on file will not be allowed to participate.

Name of Student (print)			
High School Name			
Current Grade Level (9, 10, 11 or 12)			
Home Address			
City, State, Zip			
Student Email		Telephone	
Emergency Contact		Telephone	
Student Signature		Date	
Parent/Guardian Name (print)		Date	
Parent or Guardian Signature		Date	

Completed Participant Waivers must be collected by educators and submitted no later than March 1, 2026



MONTANA

REQUIRED FORMS

Deadline – February 11, 2026

DISH REQUEST FORM

Please complete the online [Google form](#) for all dish requirements and all other required team registration information by **February 11, 2026**.

If you have special needs or issues with the form, please e-mail your requests to Jordan Collins at jordan@mtfccla.org

You will receive a confirmation via E-mail by March 7th. If you do not receive a confirmation, this means that your dish order was not received. Please follow up if necessary.

DISH REQUIREMENTS:

On the Dish Order Form,

- Indicate the dishes you will need for each course of your meal by checking the box under the dish name.
- If using multiple dishes, check all that apply.
- The starter, entrée, and dessert are plated separately.

The following are the dishes available from the competition space.

Dish availability will be confirmed with your order confirmation. Dish Orders received late will be filled on a first come, first served basis and you will be informed if the style you ordered is not available.

REQUIRED DOCUMENTS

For management teams: a digital copy of the team's written proposal must be submitted as a single pdf document to jordan@mtfccla.org **no later than February 11, 2026**.

For culinary teams an electronic copy of the menu, recipes, and photographs of the dishes your team will prepare must be submitted as one pdf document to jordan@mtfccla.org **no later than February 11, 2026**.






All ProStart students attending the March 19 competition are invited to attend FCCLA State Leadership Conference sessions occurring on Thursday. For full conference details, visit mtfccla.org or contact Tracey Eatherton, State Director, at director@mtfccla.org

Available Dishes for Montana FCCLA/ProStart Culinary Competition

Note: The pen shown in photos for reference is 6" in length.

DISH NAME	DESCRIPTION	PHOTO
DISH A	Rectangle Plate	
DISH B	Square Plate	
DISH C	Bowl	

DISH D	Small Plate	
DISH E	Large Plate	
DISH F	Plate with Edges	
DISH G	Large Dinner Plate	